

ANCHORAGE PRESS

A Tale of Two Sister Cities

As the Russian-Ukrainian war continues, local relationships years in the making are feeling the strain

 Anchorage's Largest Music Festival
Sundown
ALASKA SOLSTICE FESTIVAL
FRIDAY **JUNE 17** - SUNDAY **JUNE 19**

**A\$AP FERG • HIPPIE SABOTAGE
FLOSSTRADAMUS • BBNØ\$
BROTHER ALI • WHAT SO NOT
CONWAY THE MACHINE • WHIPPED CREAM
CHET PORTER • MYKKI BLANCO • MIJA • GRIP • NALA
ELECTRIC MANTIS • JANY GREEN • JAY ESPINOSA**
FULL LINEUP AVAILABLE AT [SUNDOWNSOLSTICE.COM](https://sundownsolstice.com)

sundownsolstice.com

**DOWNTOWN ANCHORAGE
ALASKA
WILLIWAW OUTDOORS**

tix on
sale now



SCAN ME

AGES 16+ w/
21+ alcohol
stage viewing
areas

proudly presented by
ALASKAN
BREWING CO.

ANCHORAGE PRESS

Contributing Writers

James Roberts, Zack Fields, RJ Johnson, Tim Bradner, Jean Bundy, Cody Herron-Webb, Dermot Cole, Darren Smith, Bill Sherwonit, Barbara Hood, Thomas Pease, Kellen Brent Pierce, Robin Thompson, Tom Layou, Colin Roshak, Ceezar Martinson, Elstun W. Lauesen, Darcy Stein, Ned Rozell, Jamaille Austin, Drew Erickson, Allen Ginnett, John Christensen, Lynn Lovegreen, McKibben Jackinsky, David A. James.

Page Design

Ray Malupeng, Rommel Panciles, Eduardo Ong, and O'Hara Shipe

WICK COMMUNICATIONS ALASKA

Publisher

Tawni Davis
tawni.davis@frontiersman.com

Editor

O'Hara Shipe
news@ohara.shipe@anchoragepress.com

Advertising Account Executives

Bridget Mackey
bridget.mackey@anchoragepress.com

Petra Albecker
petra.albecker@frontiersman.com

Ben Borg
ben.borg@frontiersman.com

The Anchorage Press is a news, opinion, features, arts, entertainment and recreation paper. Established in 1992, the Press is printed weekly on Thursdays and distributed throughout Anchorage and the surrounding area.

Copyright: the Anchorage Press is published by Wick Communications Co. With the exception of syndicated features and cartoons, the contents of the Anchorage Press are copyright 2020 by Anchorage Press. No portion may be reproduced in whole or in part systems without the permission of the publisher.

Spenard Jazz Fest Founder Named 2022 Jazz Hero

BY EMILY TALLMAN

A musical force of nature who relocated to Alaska from New York City in 2002, Jazz Hero Yngvil Vatn Guttu has single-handedly built a musical empire in the far north for independent Alaskan musicians. As a jazz trumpet player, creator, and director for Anchorage's most beloved jazz festival and the founding director for numerous nonprofit initiatives dedicated to amplifying Alaskan music, her mark on Alaska's music scene is indelible and vibrant.

Guttu's approach to musical advocacy and community-building is as free-form and inspired as musical improvisation. Her vision for activating Alaskan musicians in new ways continually ventures into uncharted territory and, like improvisation, spirals off into a million colorful directions before finding its way back to the theme.

"I am an improviser at heart," explains Guttu. "My passion is learning and trying new things, so I end up 'dragging' my collaborators along through the process for good or for bad!"

A native of Oslo, Norway, Guttu arrived in Anchorage in the summer of 2002 as a touring musician. After three days, she felt a strong sense of community and decided to stay. Before turning her attention to jazz, she worked in the state early on as a youth educator in music and theater (Alaska Theatre of Youth, University of Alaska Anchorage Theater Department, EnviroBeat).

At the time, there was no platform for composing jazz musicians in Alaska to perform original music, so she dreamed up the Spenard Jazz Fest in 2008. The first festival was a small cohort of eight jazz musicians who each presented one hour of material. The idea was a success and has grown to include several days of performances from local and internationally recognized musicians. But that's not all. The festival has also expanded to feature dance, film, poetry, musical hikes, visual arts, and free workshops.

However, Guttu is not one to rest on previous successes. Her musical legacy includes three album releases on her record label, Kachemak Records. One album reached number five on the CMJ charts in both the United States and Canada. In addition, she has performed on dozens of other recording projects and created the far north's version of the bestselling jazz book of all time AK Real Book. The book features 52 Alaskan composers and 310 pages of original music and is distributed to schools across the state.

Now, Guttu can add another major achievement to her storied career — 2022 Jazz Hero. Awarded by the Jazz Journalists Association, Jazz Heroes are "activists, advocates, altruists, aiders and abettors of jazz who have had a sig-



JOHN CHRISTENSEN OF CANDLEWICK STUDIOS



nificant impact in their local communities."

Although anyone who has met Guttu knows, this award has been a long time coming. But for the humble Guttu, it came as a major surprise when she was awarded last Sunday.

"It was a big surprise, to be sure," says Guttu. "It's nice to know that what you're doing is

being noticed. But, most of all, I hope it helps give some attention to the great music community that I fell in love with all those years ago."

You can learn more about the award by visiting jjajazzawards.org. To learn more about Spenard Jazz Fest or to make a donation to the organization, visit spenardjazzfest.org.

**Now Buying
Your Books, CDs,
DVDs and Vinyl!**

**Title Wave
Books**

**BUY • SELL • TRADE
1360 W Northern Lights
278-9283**

**Want to place an ad?
Call our friendly sales reps
at (907) 561-7737**



**Lots of
FREE PARKING!**

**15% Off Backflow Burners and Bamboo Animals,
20% Off Scarves and Clothing,
25% Off Prayer Beads**



**Mermaid
Imports & Designs**

JUNE SALE!

**CHECK OUT OUR
50% OFF ROOM!**

Monday-Sunday 11am-7pm

**209 W. Dimond Blvd (Blue building across from Costco)
(907) 349-1170 • www.MermaidImportsAK.com**

Backstories

Anchorage’s green-haired dynamo

Story and Photos by O’Hara Shipe

If you’ve ever been at Williwaw Social on a Friday night, you’ve likely seen a green-haired typhoon zipping past you at incredible speeds. The person behind the blur of motion is Mackenzie “Mac” Tubbs. Likely born in perpetual motion, Tubbs thrives in the chaotic and sometimes crazy world of arts and entertainment.

“It’s funny, but I started out as a psych major in college, but I soon realized that it was going to take me like 15 years to finally graduate and make money in that profession. So, I took a look at the things that I was passionate about – figuring out what people need and getting it to them – and I looked for ways I could turn that into a livelihood,” explains Tubbs.

Her uncanny ability to quickly discern a client’s needs turned into a professional job as a hospitality manager.

“I still remember one time when a band asked for ‘green towels,’ and I was pretty sure they were asking for weed, but a supervisor said they wanted actual green towels. I thought it was weird, but I picked them up and put them all over the room. When they got there, they were super confused. Luckily, I had a joint on hand just in case,” laughs Tubbs.

Although she still fields the occasional curve ball, Tubbs has excelled at making visiting artists feel like superstars.

“The artist experience in Alaska is always a really fun thing because a lot of people have never been here before, so I get to show them the best of the state. I always find ways to slip in local products like spruce tip beers or sap bitters. It’s a great way to support local businesses while also sharing all the things I love about Alaska,” says Tubbs.

Her passion for all things Alaskan doesn’t stop at artist hospitality either. She is also an avid thrift shopper and has a passion for great vintage clothing. Ever the entrepreneur, Tubbs has turned her Sunday shopping into a bonafide side hustle called Third Eye Finds.

“I really love that every piece of clothing has a story and a background. Sometimes you pick up a piece of clothing, and it has an immediate sentimental value,” says Tubbs. “I’m really into vintage graphic tees. It’s super rewarding when you find the exact right shirt for someone, and they get stoked because it not only fits but has an element of nostalgia.”

When you see Tubbs in action, it’s clear that Third Eye Finds is a cross-section of all the things she loves – catering to people, bringing happiness, and supporting small businesses.

“I’m still kind of amazed that I’ve found ways to turn all my hobbies into jobs,” says Tubbs with a characteristically huge smile before darting off to accomplish another task.

Backstories is part of a by-weekly column telling the stories of Alaskans in 750 words or less.



Free Parking and Shuttle to and from Wendy Williamson Auditorium at UAA

June 11-12
Sat. & Sun. - 12 to 8pm

3 Ways To Buy Your Tickets

- 1) www.3barons.org
- 2) At our partner store
• **Bosco's** (Spenard & Dimond Center)
- 3) Buy tickets at the gate

Kids (12 and under)	...\$5
Adults	\$10
Military (with ID)	\$9
Seniors (60 +)	\$9

3400 E. Tudor Rd.

Patron Costume Themes
Weekend 2 *Fantasy*

www.3barons.org

Alaska still holds millions of dollars in Russian investments

BY JAMES BROOKS
ALASKA BEACON

Months after elected officials vowed to divest from Russia, the state of Alaska still maintains extensive investments in the country.

The Alaska Legislature adjourned last month without passing legislation that would have required the state, including the Alaska Permanent Fund, to sell its Russia holdings.

Many states have ordered their pension funds and other investment accounts to be divested from Russian holdings to protest that nation's invasion of Ukraine.

At the time of the invasion, Alaska held more than \$200 million in Russia-related investments within the Permanent Fund, pension funds and other investment accounts.

The value of those investments has plunged, and trading in Russia-related investments has been mostly suspended, making it difficult to sell them.

"Russian equity markets remain closed to both buying and selling of equity investments, so the Department's ability to take additional action is limited and circumstances continue to be fluid," said Genevieve Wojtusik, an official at the Alaska Department of Revenue who answered questions on behalf of the agency.

Many state investments are in index funds that contain Russian firms, the department said in a statement.

"At this point, staff has directed a halt to any additional purchase of Russian securities due to the highly uncertain market environment. With respect to existing holdings, when markets open DOR staff plans to work with investment managers to evaluate the valuations, risk, and other market conditions that prevail at that time before taking additional action," according to the department statement.

The \$78.9 billion Permanent Fund holds the bulk of Alaska's Russia-related investments.

As of April 29, the corporation reported holding \$63.4 million in Russian securities.

The report cautioned that the figure is "speculative, given inconsistent market pricing, the inability for foreigners to transact Russian securities and illiquidity due to applicable regulatory sanctions."

It went on to state that fund managers handling Russian bonds are "actively reducing their Russian positions."

The Permanent Fund has never sold assets for political reasons, and corporation officials have said that they do not believe they have the legal basis to do so unless the Legislature approves a law allowing them to sell.

Thirteen years ago, legislators and then-Gov. Sarah Palin asked the Permanent Fund to divest from companies operating in Sudan. They proposed legislation, but when that bill failed to pass, the corporation kept its Sudan-linked investments.

In 2012, then-Gov. Sean Parnell asked the Permanent Fund to voluntarily divest from investments in Iran. The corporation did not do so.

More recently, the corporation has been asked by environmentally concerned Alaskans to divest from companies that invest in fossil fuels.

Rep. David Eastman, R-Wasilla, introduced legislation to forbid the corporation and the state at large from investing in firms that advocate divestment from Alaska. Gov. Mike Dunleavy, as part of a Russia-related divestment program, included a similar provision.

None of those bills passed the Legislature.

Without legislative guidance, investment officials at the Alaska Permanent Fund Corp. are bound only by the "prudent investor rule," which allows fund managers to use their "judgment and care" when picking investments.

A growing number of investment firms have adopted so-called "environmental, social and governance" policies that place further limits on investments. Some ESG policies block investments that, while profitable, may support genocide, war or environmental destruction.

The Permanent Fund Corp. does not have an ESG policy.

AG says he recused himself from dealing with public money for private schools

Attorney General Treg Taylor has officially recused himself from deciding whether there is a constitutional loophole to allow public funds to be spent on private schools, the Alaska Beacon reported Monday.

Five days after Taylor's wife sent out a press release saying that public funds can go to private schools through a bill pushed by Gov. Mike Dunleavy when he was a legislator, Taylor recused himself.

The Taylors plan to seek \$8,000 from the state in the next school year to reimburse themselves for private school costs.

On May 21, Taylor signed a document allowing his deputy, Cori Mills, to take the lead on developing a state position on the legal questions. His wife's press release was first published May 16.

The Beacon said the department issued a press release Monday, quoting Treg Taylor as saying, "I want to ensure that there is no perception of bias in relation to the objective advice provided by the Department of Law on this issue of correspondence school allotments used to fund courses or tuition at a private school."

There is little doubt that AG Taylor agrees with his wife and that Dunleavy agrees with Taylor's wife and with AG Taylor that there is a way to circumvent the constitutional ban on using public money for private schools. As a school board candidate in Anchorage in 2011, Treg Taylor said he favored school vouchers in Alaska.

Back when he was a senator, Dunleavy championed the provision that is now under legal review by the law department. He also pushed for a constitutional amendment to allow the state to support private schools. That never passed, but a more limited measure won legislative approval in 2014.

In her May 16 press release, Jodi Taylor praised Dunleavy for getting the law passed that "allows a parent or guardian of a correspondence study program student to use the student's education allotment funded from the Base Student Allocation to pay for classes at private schools, in addition to many other choices for accessing education."

There are constitutional questions about the state law that have not been heard in court because the provisions have not faced a legal challenge.

The Alaska Constitution bans the use of public money for private schools.



Alaska Attorney General Treg Taylor

In 2013, legislative lawyers told Dunleavy and his staff member, Bethany Marcum, that the matter is a complex one that would have to be decided by the Alaska Supreme Court. A key 1979 decision found that tuition grants for Sheldon Jackson University, a private college, were illegal under the Alaska Constitution.

Here is that 2013 legal opinion about the many questions regarding the matter, most of which remain unsettled.

In 2013, Dunleavy told a reporter for the Frontiersman about a hypothetical family in Fairbanks might benefit by being able to be reimbursed for tuition at the private Catholic school in Fairbanks.

"Let's say Monroe Catholic is teaching a Latin course," he said. "If a kid in high school, or correspondence, or even down the street at another school wants to take the Latin course, why can't he?"

Dunleavy asked legislative lawyers in 2013 if it would be constitutional to give public funds to a student attending Monroe Catholic. They said it "appears to be prohibited," although the courts would have the final say.



Mat-Su School Board discusses policy regarding transgender athletes in school sports

BY KATIE STAVICK
FRONTIERSMAN.COM

At the most recent Mat-Su School Board meeting, members took on the high profile issue of transgender students, particularly transgender women, participating in high school level athletics.

Board Policy 6145 was introduced at a school board meeting June 1 after it was proposed by the MSBSD Policy Committee. The proposal seeks to bar transgender girls from school-sponsored girls' extracurricular and co-curricular activities, stating that there are significant biological and physiological differences between males and females including strength, speed, and endurance capabilities giving males a competitive advantage.

If passed, each school within the district whose students or teams compete against other schools must designate each school-sponsored athletic team or sport as either male, female or coeducational.

"The proposed amendment of BP6145 extracurricular and co-curricular activities champions women and girls by ensuring an even playing field in athletics," School Board President Ryan Ponder said.

Most members of the school board spoke in favor of the proposed board policy.

"I view this board policy is a women's rights issue," stated board member Thomas Bergey, who then cited his own family's history of witnessing women given the right vote, lack of female athletics some schools, and pay disparity in the workplace as his mother worked alongside men who received more money. "This is an erosion of female rights. It is a crack and we do not need to go back there. . . this is a small step backwards."

Bergey then went on to cite the state's silence on the issue and that the amendment needs to go through to provide conflict to force the Alaska Schools Activities Association and the state legislature to act.

"How they act is up to them, but they need to act unilaterally because we cannot live in a fractured state. If the state is unwilling to act, to do what they believe is right, then we need to create conflict and force mediation," he said.

Board member Jubilee Underwood, stated that as a woman who herself played sports on co-ed teams because her school didn't have enough men and women, "it was always the males that dominated and that we had to play against," saying that if she'd had the option, would have chosen to play men and women's teams separately.

"It wasn't equality and it wasn't fair," Underwood said. "I feel like it's a war on women, on women's sports," she continued, then suggested forming transgender sports teams. "It's not discrimination, it's equality. . . People could participate however they want to participate and then they don't get excluded from the sports they want to play in," she stated before adding that she was in favor of the amendment.

The policy mirrors the wording of Sen. Shelley Hughes, who sponsored SB 140 "An Act relating to school athletics, recreation, athletic teams, and sports," which similarly called for a ban against transgender women competing in women's sports. The bill did not pass, but MSBSD members said they wanted to enact a similar board policy anyway.

In this new revision, any student in the district who wants to be on a designated girls' team or sport, their biological sex must be listed as female at or near the time of the participant's birth on



their birth certificate.

"I feel this unfairness will be destructive to the lessons and joys many of our women in athletics have enjoyed," said board member Jeff Taylor, while also acknowledging that students who identify as transgender and their families should be treated with sensitivity, kindness, compassion, and an abundance of respect and love. He went on to say that the intended meaning of gender pertaining to the specific policy is biological sex at birth, and that while there are plenty of gender-neutral activities, athletics is different, that the policy gives specific reasons to separate sex-specific teams before adding his support to the amendment.

Speaking via telephone, board member Jim Hart added, "We need to challenge the state to come to a decision. At the very least if they won't come to a decision, we need to."

School board clerk Dwight Probasco, however, wanted to hear from the legal adviser for the district attorney before making any decisions.

"My question, you know does this amendment conflict with our board policy 0410 about non-discrimination in district programs and activities," he asked the board and board president Ponder.

Dr. Randy Trani, MSBSD Superintendent, commented that district counsel had been consulted late last year for the exact language of the amendment as it was being proposed, and that members of the policy committee had conferred with other lawyers who have previous experience with similar policies. He added that the amendment could be re-examined if the school board elected to pursue that course of action.

Called into question was the applicability of Title IX, which promises: 'no person in the United States shall, on the basis of sex, be excluded from participation or be denied the benefit of, or be subject to discrimination under any education program or activity receiving federal financial assistance,' and whether the amendment would violate Title IX.

Probasco told the board that he found cases where the courts

have ruled that transgender children can participate in school athletics. He would like to have a legal review of how the amendment would pertain to Title IX, and if there are accommodations that need to be made.

"We talk about a level playing field. That's singular. And this mentions girls and women, where's our fields for trans children, and what would they look like?" Probasco said.

He also addressed the section of the amendment regarding what is on a child's birth certificate, and whether or not the birth certificate is appropriate for determining a child's eligibility for participation and where a student may participate in a sport. He noted that there are 10 states in the US and 3 American territories that do not require gender designation on the birth certificates.

"What would an administrative reg (regulation) look like in terms of how do you make this work if we have children in a state where we have a lot of people coming from the lower 48 moving here if there's no designation on their birth certificate? Where does that put the district?" Probasco said.

Probasco later went on to comment that there wasn't notification to the board members or the public that the policy committee was working on the amendment months prior, but that a notification was made 10 days before the meeting.

Just two members of the public testified to the board about this revision with one in favor and the other in opposition.

"If this ban passes, it tells trans youth, athletes and non-athletes, out or closeted, that the adult leaders in this community are not safe and cannot be trusted," Robin Moffet said.

Wednesday night was the first reading of the revision and no decision has been made yet. With no board meeting scheduled for July, the policy is being brought to the school board now prior to athletic practices beginning in August. Additionally, if adopted the policy would only affect teams within the Mat-Su School District and have no bearing on teams from other districts competing.

The board policy will appear again at the next school board meeting on June 15.

Alaska COVID-19 health emergency order ending July 1

BY AUSTIN MCDANIEL
GOVERNORS OFFICE

JUNEAU, Alaska (AP) — Alaska's state health commissioner is ending a public health emergency order that's been in place in response to the pandemic.

Commissioner Adam Crum said the state health department has been working to ensure that measures needed to respond to COVID-19 are permanent or sustainable. The emergency order ends July 1, KTOO Public Media reported.

"Most folks actually probably don't even understand that we still have this in place," Crum said.

Legislation passed last year allowed the commissioner to declare an emergency. Crum's order took effect in May 2021.

Crum's order was to expire when a federal emergency order did unless he rescinded it sooner. The federal order is expected to run at least through mid-July.

Public health director Heidi Hedberg said Alaska's public health division will continue offering COVID-19 services. The health department also plans to continue tracking and reporting cases.

Starting July 1, federal reimbursement rates change. The Federal Emergency Management Agency has been reimbursing COVID-19-related spending at 100%; that will fall to 90% with a 10% state match.

The end of the state order means that extra food assistance benefits will end for more than 56,000 Alaska households that received them. The size of the extra benefit varies. Those benefits will continue through August.



Commissioner Adam Crum

You Know What to Do — and You Know How to Do It

ARIES (March 21-April 19)

"It takes a spasm of love to write a poem," wrote Aries author Erica Jong. I will add that it takes a spasm of love to fix a problem with someone you care about. It also takes a spasm of love to act with kindness when you don't feel kind. A spasm of love is helpful when you need to act with



integrity in a confusing situation and when you want to heal the past so it doesn't plague the future. All the above advice should be useful for you in the coming weeks, Aries. Are there any other variations you can think of? Fill in the blank in the next sentence: It takes a spasm of love to _____.

FREE WILL ASTROLOGY BY ROB BREZSNY

TAURUS (April 20-May 20)

"The great epochs of our life come when

we gain the courage to rechristen our badness as what is best in us," wrote philosopher Friedrich Nietzsche. When I read that ambitious epigram, I didn't know what he was referring to. By "badness," did he mean the ugly, pathological parts of us? That couldn't be right. So I read scholars who had studied the great philosopher. Their interpretation: Nietzsche believed the urges that some religions seek to inhibit are actually healthy for us. We should celebrate, not suppress, our inclinations to enjoy sensual delights and lusty living. In fact, we should define them as being the best in us. I encourage you Bulls to do just that in the coming weeks. It's a favorable time to intensify your devotion to joy, pleasure, and revelry.

GEMINI (May 21-June 20)

It's an excellent time to correct and uplift your self-image. I invite you to speak the following affirmations aloud: "I am not damaged. I am not on the wrong path. I am not inept or ignorant or off-kilter. The truth is, I am learning how to live. I am learning how to be a soulful human and I am doing a reasonably good job at that task. I do a lot of things really well. I'm getting to know myself better every day. I constantly surprise myself with how skilled I am at adjusting to life's constant changes. I AM AMAZED AT HOW MUCH PROGRESS I HAVE MADE IN LEARNING HOW TO LIVE."

CANCERIAN (June 21-July 22)

In the Tibetan language, the term nyingdu-la means "most honored poison of my heart." Many of us know at least one person who fits that description: an enemy we love to hate or a loved one who keeps tweaking our destiny or a paradoxical ally who is both hurtful and helpful. According to my analysis, it's time for you to transform your relationship with a certain nyingdu-la in your life. The bond between you might have generated vital lessons for you. But now it's time for a re-evaluation and redefinition.

Astrology, continued on page A19



**We Have The Best
Eggs Benedict
In Town!**

Cafe Amsterdam

Tues-Fri 8am-3pm, Sat & Sun 8am-2pm
Dine In & To Go Options

530 E. Benson #3 • (907) 274-0074 • cafe-amsterdam.com



Judgment Day

I'm trying to date again after back-to-back negative relationship experiences. Experiences that have made me question my own judgment and ability to set good boundaries. My friends and therapist all pointed out the red flags, but I was apparently blind to them. I love what you've said about how there is no "The One" out there for us, only .72s and .83s, and that we have



SAVAGE LOVE BY DAN SAVAGE

to "round someone up to The One." But it seems like I've been "rounding up" some numbers that were too low. As things stand now, I've never felt so mistrustful of people, and I've never doubted by own choices so strongly. Basically, my walls have gone up. But I love being in a relationship and I want to be in one again. What things should I be mindful of as I venture back into that world? What's a good way to be deliberate without moving at a glacial pace? What should I be asking myself as I begin to form new attachments, especially after showing such bad judgment in the recent past?

—Understandably Nervous Since Upsetting Relationships Expired

First, let's put things in perspective: you had two shitty relationships in a row. While that was no doubt unpleasant, UNSURE, and while it's understandable you might hesitate to put yourself back out there, two shitties in row isn't evidence your judgment is flawed. Very few of us can say we haven't had two shitty relationships in a row, if not more. A shitty person is often the common denominator in a string of shitty relationships, but sometimes shitty relationships happen to good people—and sometimes they happen with good people, i.e., a shitty relationship can happen without a shitty person being involved.

Still, there's shitty, and then there's spectacularly shitty. There are also shitty patterns. If you keep picking the same basic kind of shitty person and/or making the same basic kinds of shitty mistakes—such as

ignoring red flags, committing too soon, or "working on it" too long—then you need to make changes.

And the single most important change you can make—the thing you can do differently as you head back into the dating world—seems obvious to me, my readers, your friends, and your therapist: listen to your friends and your therapist! They saw the red flags, UNSURE, and pointed them out. The problem wasn't that you couldn't see those red flags—you're not blind—but that you looked away and/or attempted to explain them away. (I'm not blind to the fact that using "blind" to mean "can't understand or comprehend" is ableist, and I promise not to use it like this again.)

Anyway, UNSURE, the lesson to learn from these two shitty relationships isn't, "No more relationships for me! I can't trust my own judgment!", but instead, "The next time everyone in my life tells me that the person I'm with is shitty or that we're shitty for each other, I'll end it." To be clear: I'm not telling you to substitute the judgment of your friends and therapist for your own, UNSURE, but to supplement your judgment with theirs—unless you wanna empower your friends and your therapist to make an arranged marriage for you, in which case you can substitute their judgment for your own.

I don't have a super high sex drive, so I generally have sex once or twice a week and mostly for my husband. He prefers sex at night, but I am generally exhausted and disinterested by that point. However, in the mornings I am often horny. Problem is my husband has a medical condition that makes morning sex uncomfortable for him. I occasionally masturbate in the mornings, but I'd rather be screwing him. Do you have any suggestions for how I can teach myself to be horny at the end of the day?

—Sexual Time Zones

Disco nap—get some sleep early in the evening, STZ, fuck your husband when he comes to bed, watch some television until you're ready for bed, then enjoy a bonus wank in the AM after he gets up and leaves.

Savage, continued on page A16

A Trip Down Memory Lane

Peking Wok delivers a taste of takeout nostalgia

RESTAURANT REVIEW
BY JIN CHONG

Reddit may often be dismissed as a wretched hive of scum and villainy, but there's some useful information to be found here and there. For instance, when someone in r/anchorage poses the question of where to find the best General Tso's chicken in town, I tune in. Among several recommendations in the comments, one enlightened Redditor recommended Peking Wok, a spot familiar to anyone who's lived in the Sand Lake/Bayshore area for some time.

It's been a while since I've last stopped by — at least not since that whole strip mall's façade received a makeover. Besides, in a world full of epicurean riches, Chinese takeout tends to fall pretty low on the priority list. But this comment thread happened to strike a chord. So, I decided to go along with this random stranger's advice. After all, when has anybody on the Internet ever been wrong about anything before?

With equal parts trepidation and determination, I set out to enjoy some saucy, MSG-laden goodness via takeout order one fine afternoon.

As I stepped into the restaurant and sat waiting for my order, I looked around and admired how little had changed from my last mental snapshot of the place. The red and green color palette is decidedly oriental (for the lack of a better, less outdated term), and the vintage kitsch factor is through the roof — in a good way, of course. While the dining area could afford to use a little TLC, that didn't stop a few parties from trickling in. I suppose it's hard not to appreciate the two oversized koi fish in a tank along the entryway, and the sentimentality in seeing a couple dozen photos of the owner's pet poodle behind the counter is too precious for me to handle.

I was left with little choice but to size up Peking Wok's General Tso's chicken, which I was thrilled to see packed to the brim in its own separate container. Much to my enjoyment, this rendition delivered with a rich, syrupy glaze reminiscent of a thickened sweet chili sauce without going overboard on gloppiness.

The chicken was heavily battered, and while it had lost some of its texture under the bracing sauce, the meat was tender, and most importantly, the sauce wasn't cloyingly sweet. In fact, it had just the right amount to make me return for more, while the side of white rice served as a nice palate cleanser.

The additional combo dinner I had settled on — A-14, to be exact — gave me a chance to sample some more Chinese American classics: Mongolian beef and sweet and sour shrimp. I've been craving the former for ages now, so I appreciated that Peking Wok managed to satisfy my long-awaited expectations. The thin cuts of beef were thoroughly marinated before being dusted in cornstarch and seared on a red-hot wok. Hearing the clanging wok in the back kitchen only heightened my excitement. The deep depths of soy-based umami were contrasted by a heap of sweet, caramelized onions, while the flash-fried rice noodles, with their styrofoam-like consistency, added an interesting layer to this textural jungle.

To this day, I still don't know what goes into the alarming red sweet and sour sauce found in your average Chinese restaurant. But at least here, it made for a bright accompaniment to some crisp, lightly battered shrimp. What impressed me the most was that the butterflied shrimp stayed crisp a few hours later when I returned for seconds. When paired with decently sized chunks of fresh onion and green bell pepper,



this dish went above and beyond in living up to its name.

One menu item that caught my interest was the spicy seafood noodle soup — or *jjamppong*, for those in the know. This dish is one of few recognized as part of a Korean/Chinese hybrid cuisine available in a handful of Chinese restaurants around town — seemingly due to the prevalent Korean ownership of said businesses. Having enjoyed this dish many times over the years, I felt less than optimistic this would hit the mark.

Turns out, it was actually pretty good — no, really good! The broth was mild, yet potent from the heat of Korean chili powder with a hint of oceanic brininess. There was a robust vegetal quality to it — no doubt due to the sliced onions, mushrooms, zucchini, and carrots that were invited to the party. That's not to mention the surprising amount of seafood they packed into a small to-go container: mussels, shrimp, squid, and scallops — all were cooked to tender perfection.

To top it all off, even the noodles seemed to have a home-made quality, or at least this was hinted at based on their uneven appearance. I didn't think Peking Wok had it in them

to produce such a high-quality jjamppong but consider me impressed.

The rest of my bounty was rounded out by textbook depictions of the familiar — pork fried rice, egg flower soup, and a savory, fully-loaded egg roll. From top to bottom, this meal replicated a sense of comfort I felt back in my high school/college days with exact precision. This was a nostalgia I hadn't felt in quite some time. Of course, that could just mean I ought to indulge in takeout Chinese more often, but I'm starting to understand why Peking Wok has been in the business for as long as I can remember. It's heartwarming to know that in an ever-changing world, some things are just as you had left them.

But of course, the real lesson is that there may be more value to lurking on Reddit than I first thought. Just don't expect to see me sporting a neckbeard or fedora anytime soon.

Peking Wok is located at 4000 W Dimond Blvd, Anchorage, AK 99502. They are open Monday — Saturday from 11am — 10:30pm, and Sunday from 12pm — 10:30pm.



Thurs 9pm @ Flattop

Jukebox KARAOKE Roadshow

HOSTED BY **JUKEBOX JOE**

Live Music Lineup!

Thursday June 9
8:30 Ukulele Russ

Friday June 10
9:30 Nothin' But Trouble

Saturday June 11
9:30 Zen Trembles

Wednesday June 15
8:30 Jared Woods

@Humpy's

8PM TO 11PM

OPEN MIC NIGHT

Every SUNDAY

FLATTOP PIZZA @ 600 W. 6TH AVE • HUMPY'S GREAT ALASKAN ALEHOUSE @ 610 W. 6TH AVE



Get direct links to the event details at AKconcerts.com
Or read below if you just want to know the time & place.

Thursday, June 9th

Anchorage Brewing Company – Nicholas Carpenter on the Deck 6:30p-9p
Anchorage Town Square – Live After Five: Glacier Hoppers 5:30p-8p
Creekbend Company (Hope) - Clinton Fearon Live 7p-11p
Dirty Skillet (Hope) – Thursdays w/ Hwy9 6p-9p
Flattop Pizza & Pool – Jukebox Karaoke Roadshow 8p-11p
Georgeson Botanical Garden (Fairbanks) – Music in the Garden 7p-8p
Goldie’s AK (Fairbanks) – (Open) Mic Check 7p-10p
Homer Theatre (Homer) – Endless Field 7p-8p
Humpy’s – UKULELE RUSS 8:30p-12:30a
Klondike Mike’s & the Main Street Grill (Palmer) – Open Mic Night 8p-12a
K.M. Rae Educational Building (Seward) - Anchorage Bowl Chamber Orchestra 7:30p-9p
Mad Myrna’s – Thursday Vibe w/ DJ Covy 10p-2a
The Marlin (Fairbanks) – Cold Country Bluegrass 7p-10p
The Marlin (Fairbanks) – Karaoke with Kellie B.! 10p-2a
The Seaview Café (Hope) – Jam Night w/ Andy Mullen 7p-11p
Tailgater’s Sport’s Bar & Grill (Wasilla) - The AKoustic Project 7p-10p
Van’s Dive Bar – Queer As Hell PRIDE EDITION 9p-12a
Williwaw Social – The Eternal Cowboys Rock the Roof 8p-11p



Friday, June 10th

Anchorage Museum – Summer Arts in the Park Series: The Unknowns 4:30p-5:30p
Anchorage Town Square – SoBroSol “In the Heights” 6p-7p
Broken Blender – Forbidden Desires, Episode 147: Three Way Tango 8p-9:30p
Dave & Busters – Jukebox Karaoke Roadshow 9p-12a
Everett’s (Wasilla) – Comedy Show w/ Joe Bartnick 7p-9p

Hilltop Ski Area – Under the Tree Music Scene: Wiley Post 7p-8:30p
Joint Base Elmendorf-Richardson (Anchorage) – Military Appreciation Picnic & Concert 11a-2p
Koot’s – The Ken Peltier Band 10p-2a
The Marlin (Fairbanks) – Ayla Ray & Casey Smith Project 9p-2a
Matanuska Brewing (Eagle River) – Journey Tribute Stone In Love 5p-10p
Mountain High Pizza Pie (Talkeetna) – Zero Miles to Empty 7p-10p
Organic Oasis – John Damberg Jazz Piano Fridays 5:30p-7:30p
Palmer Alehouse (Palmer) – The Super Saturated Sugar Strings 7p-10p
PubHouse – Witty Youngman 7p-10p
Roundup Steakhouse & Saloon (Fairbanks) – Round Up Karaoke Weekend Nights! 9:30p-2a
The Seaview Café (Hope) – Will Johnson 7p-11p
United Methodist Church (Homer) – Anchorage Bowl Chamber Orchestra 7:30p-9p
Van’s Dive Bar – The Acoustic Oosik 9p-1a
Williwaw Social – Jo Brady’s All Decades Video Dance Party 9:30p-2a
Wood & Wire Guitars & Music (Palmer) – Grand Reopening 12p-8p
Wonderland Park (Wasilla) – Music in the Park: Jangle Bees 6p-9p
Humpy’s – Nothin But Trouble 9:30p-1:30a



Saturday, June 11th

Alaska Cannabis Exchange – Radiance w/ Posterchild, Quinoa, The Guest List, D. Church, & Rachel Monae 7p-1a
Anchorage Town Square – Irish Dance Academy of Alaska 1:30p-2:30p
Arctic Rec Center – 907 Pro Wrestling: Arisen 3p-6p
Broken Blender – Forbidden Desires, Episode 147: Three Way Tango 8p-9:30p
Broken Blender – Tony Gebhard live 8p-12a
Cafecito Bonito – Lilac w/ Sample Text 8p-11p
Carpenter’s Hall – East Coast Swing and Social Dance 7p-11p
The Gaslight Bar – Jukebox Karaoke Roadshow 8p-11p
Humpy’s – Zen Trembles 9:30p-1:30a
Koot’s – Comedian Joe Bartnick 7p-9p & 9:30p-11p
Matanuska Brewing (Eagle River) – Candlebox 6p-10p
Mountain High Pizza Pie (Talkeetna) – John Cook 7p-10p
Palmer Alehouse (Palmer) – The Ken Peltier Band 7p-10p
Peratrovich Park (Anchorage) – Downtown Jazz in the Park: Mark Manners, JD, Dirk-ok, Bob Arms, Pat Owen 4p-6p
Schwabenhof (Wasilla) - Ukulele Russ! 7p-11p
Serrano’s Mexican Grill – Hwy9 Acoustic 8p-11p
UAA Recital Hall - Joseph C. Phillips, Jr. Composer Portrait Concert 7:30p-9p
Williwaw Social – Reggae Dance Party with H3 8p-11p
Williwaw Social – Bonnaroo vs Firefly Summer Dance Party w/ Fan Service 5p-10:30p



Sunday, June 12th

The Carousel Lounge – AK Rockstar Karaoke Sunday 8p-2a
The Creek Street Cabaret (Ketchikan) – Sunday Open Mic 6p-9p
Humpys - Open Mic Jam 8p-11p
International Hotel and Bar (Fairbanks) – Cold Country Bluegrass 7p-9p
Juneau-Douglas High School (Juneau)– Juneau Symphony: Night at the Oscars 3p-5p
Kenai Senior Citizen’s Center (Kenai) – Anchorage Bowl Chamber Orchestra 2p-4:30p
Koot’s – Comedy Open Mic 8:30p-10p
Mad Myrna’s – Karaoke 9p-12a
The Marlin (Fairbanks) – Sunday Night Karaoke! 6p-12a
Mountain High Pizza Pie (Talkeetna) – Steve Durr 5p-8p
Raven Bar – Pride Kickoff BBQ and Tea Dance w/ DJ Mike Mason 2p-8p
Van’s Dive Bar – Open Mic! Overlorded by Wash Your Hands 8p-12a
Williwaw Social – Sunny Side Pride! DRAG BRUNCH at Williwaw! 8p-11p

Monday, June 13th

Koot’s – The Monday Mic at Koots 9p-12a
Peratrovich Park (Anchorage) – Music for Little Ones w/ The Timbre Music Band 12p-1p
Van’s Dive Bar – Comedy Open Mic 8:30p-9:30p
Van’s Dive Bar – Mull Over Mondays w/ Ellie Kenealy 9:30p-12a

Tuesday, June 14th

American Legion Spenard Post 28 – Taco Tuesday Open Mic w/Rousted By Bulls! 6:30p-9:30p
Anchorage Museum – Danger & Diva 11:30p-12:30p
The Carousel Lounge – AK Rockstar Karaoke 8p-2a
Fairview Inn (Talkeetna) – Open Mic w/ Andy Mullen 7p-1a
Klondike Mike’s & the Main Street Grill (Palmer) – The Open Stage 7p-10p
Koot’s – The Eternal Cowboys 10p-12a
Organic Oasis – Turnagain Blue 5:30p-7:30p
Trophy Lounge – Jukebox Karaoke Roadshow 9p-1a

Wednesday, June 15th

907 Alehouse – Tyrone Palmer & Friends 7p-10p
Alaskan Hotel and Bar (Juneau) – Karaoke Wednesdays 8p-12a
The Carousel Lounge – AK Rockstar Karaoke 8p-11p
Eddie’s Sports Bar – Jukebox Karaoke Roadshow 9p-12a
Humpy’s – Jared Woods 8:30p-12:30a
Koot’s – Comedy Open Mic 8:30p-10p
Koot’s – KASH Country Night at Koot’s 8p-12:30a
Koot’s –Koots Karaoke 10p-2a
Mad Myrna’s – Karaoke 9p-12a
Peratrovich Park (Anchorage) – Turnagain Blues 12p-1p
Pioneer Bar – The Eternal Cowboys 10p-12a
PubHouse – Witty Youngman 7p-10p
Schwabenhof (Wasilla) - Open Mic 7p-12a
Van’s Dive Bar – Karaoke w/ The Milkman and/or The Dairy Queen! 9p-12a



PRESSING EVENTS

ANCHORAGE PRESS

POST YOUR EVENT AT WWW.ANCHORAGEPRESS.COM/WHAT_S_HAPPENING/

powered by **event**

Thu 6/09

Open Mic with Shalah Rose
@ 7pm

Come join us and show us your skills on how you like to entertain. Hosted by Shalah Rose this is a great way for all to show us your talents! No cover charge. 2906 Spenard Rd, 2906 Spenard Road, Anchorage. jeramy@cannabisace.com, 907-360-8036

Fri 6/10

Featured



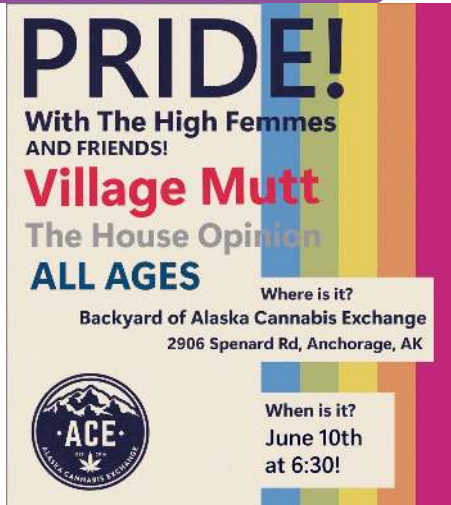
Walk on the Wild Side Annual Alaska Zoo Fundraiser

@ 6pm / \$75

Alaska Zoo annual fundraiser "Walk on the Wild Side" looks back at the zoo's 52-year history and forward to exciting things in our future. Join us for an evening of food, drinks, animals and fun! Alaska Zoo, 4731 O'Malley Road, Anchorage. aom@alaskazoo.org, 907-346-2133



Featured



PRIDE! with The High Femmes and Friends!!!

@ 6:30pm

Come join us for PRIDE and enjoy the listenings of The High Femmes, Village Mutt, and The House of Opinion at The Backyard. This is an all ages show so grab your picnic supplies and come enjoy a great 2906 Spenard Rd, 2906 Spenard Road, Anchorage. jeramy@cannabisace.com, 907-360-8036



Sat 6/11

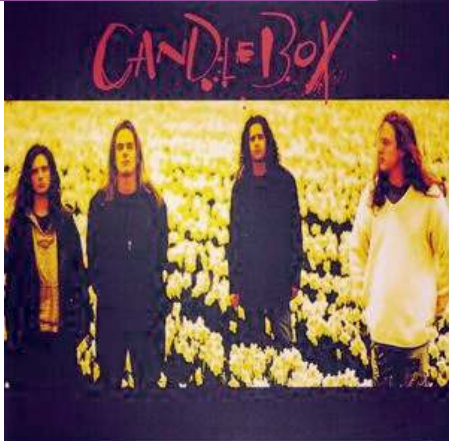
Potter Marsh Bird Walk
@ 9am

Guided bird walks on Potter Marsh Boardwalk. Potter Marsh Wildlife Viewing Boardwalk, 2999 East 154th Avenue, Anchorage. joe.meehan@alaska.gov, 907-267-2281

Summer Plant Swap @ Alaska Cannabis Exchange
@ 12pm

Come Swing by the Backyard and let's trade plants. Bring in your propagations or seedlings and trade them out for something new!! Find out more on Facebook by checking out ACE Spenards events! 2906 Spenard Rd, 2906 Spenard Road, Anchorage. jeramy@cannabisace.com, 907-360-8036

Featured



Candlebox

@ 7pm

Matanuska Brewing Company, 531 W 3rd Ave, Anchorage



Radiance Underground Dance Party

@ 7pm / \$20

Radiance is a one-day summer concert event boasting an incredible lineup of DJs that will move an entirely new generation of Anchorage revelers. 2906 Spenard Rd, 2906 Spenard Road, Anchorage. jeramy@cannabisace.com, 907-360-8036

Comedian Joe Bartnick

@ 7pm / \$20

Koot's, 2435 Spenard Rd, Anchorage

Featured



Lilac and Sample Text

@ 8pm / \$10

Cafecito Bonito presents Lilac and Sample Text for an all-ages show on Saturday June 11 at 8pm. Tickets are \$10 and can be purchased in advanced at Brown Paper Tickets or at the door. Cafecito Bonito, 6307 Debarr Road, Anchorage. listentoililac@gmail.com



Forbidden Desires, Episode 147: Three Way Tango

@ 8pm / \$25

A tale of true passion, true betrayal, and true pasties! Sweet Cheeks Cabaret at The Cheeky Room, 535 West 3rd Avenue, Anchorage. sweetcheekscabaret@gmail.com

Mon 6/13

Spenard Summer Day Camp Week #3

@ 4pm

Jun 13th - Jun 17th
Spenard Recreation Center, 2020 West 48th, Anchorage. 907-343-4355

Parking Lot Programs - Spenard

@ 9pm

Spenard Recreation Center, 2020 West 48th, Anchorage. 907-343-4355

For event details and even more listings visit us online!

Tue 6/14

Potter Marsh Bird Walk

@ 7pm

Guided bird walks on the Potter Marsh Boardwalk. Potter Marsh Wildlife Viewing Boardwalk, 2999 East 154th Avenue, Anchorage. joe.meehan@alaska.gov, 907-267-2281

Thu 6/16

Open Mic with Shalah Rose

@ 7pm

Come join us and show us your skills on how you like to entertain. Hosted by Shalah Rose this is a great way for all to show us your talents! No cover charge. 2906 Spenard Rd, 2906 Spenard Road, Anchorage. jeramy@cannabisace.com, 907-360-8036

Fri 6/17

bbno\$: Sundown Solstice Festival 2022

@ 4pm

Williwaw Social, 609 F St, Anchorage

Flosstradamus

@ 5pm

Williwaw Outdoors, 609 F St, Anchorage

WHIPPED CREAM

@ 5pm

Williwaw Outdoors, 609 F St, Anchorage

Featured



Brother Ali: Sundown Solstice Festival 2022

@ 7pm

Williwaw Social, 609 F St, Anchorage



What So Not: Sundown Solstice Festival 2022

@ 7pm

Williwaw Social, 609 F St, Anchorage

Featured



The Piedmont Boys

@ 8pm

Matanuska Brewing Company, 531 W 3rd Ave, Anchorage



***RESCHEDULED* The Fab Four: Ultimate Beatles Tribute live in Anchorage**

@ 8pm

Alaska Center for the Performing Arts, 621 West 6th Avenue Suite ACPA, Anchorage

Featured



George Michael Reborn Tribute Starring Robert Bartko - WHAM!

@ 8pm

Chilkoot Charlie's, 2435 Spenard Rd, Anchorage



Sat 6/18

Potter Marsh Bird Walk

@ 9am

Guided bird walks on Potter Marsh Boardwalk. Potter Marsh Wildlife Viewing Boardwalk, 2999 East 154th Avenue, Anchorage. joe.meehan@alaska.gov, 907-267-2281

MIJA

@ 5pm

Williwaw Social, 609 F St, Anchorage

Archery

@ 6:30pm

Kincaid Archery Range, W Raspberry Road, Anchorage. 907-343-4355

Featured



Comedian Luke Null from Saturday Night Live!

@ 7pm / \$20

Koot's, 2435 Spenard Rd, Anchorage



Comedian Luke Null from Saturday Night Live!

@ 9:30pm / \$20

Koot's, 2435 Spenard Rd, Anchorage

Mon 6/20

Parking Lot Programs - Spenard

@ 9pm

Spenard Recreation Center, 2020 West 48th, Anchorage. 907-343-4355

Tue 6/21

Potter Marsh Bird Walk

@ 7pm

Guided bird walks on the Potter Marsh Boardwalk. Potter Marsh Wildlife Viewing Boardwalk, 2999 East 154th Avenue, Anchorage. joe.meehan@alaska.gov, 907-267-2281

Wed 6/22

Parking Lot Programs - Fairview

@ 9pm

Fairview Recreation Center, 1121 East 10th Ave, Anchorage. 907-343-4355

The best place to promote your events online and in print. Visit us @ <http://www.anchoragepress.com/local-events>

powered by **event**

A Tale of Two Sister Cities

As the Russian-Ukrainian war continues, local relationships years in the making are feeling the strain

BY DAVID A. JAMES

Ever since Russian troops invaded Ukraine in February, losses, both tangible and intangible, have mounted. The destruction and deaths in Ukraine have captured global attention, and the breaking of ties with Russia on both national and local levels as part of America's response to the unprovoked attack enjoys support from across most of the political spectrum. Among the actions taken has been the suspension of sister city relationships by communities across the country. It's an understandable move given the circumstances, but one that brings sadness to those who have devoted years to building these connections, only to see their work abruptly halted.

As president of the Alaskan Russian Center, which oversees the sister city relationship between the Fairbanks North Star Borough and the Siberian city of Yakutsk, Melissa Chapin has been feeling a profound sense of personal loss. "All the things that you've been working for all these years seem to be stopped," she said. "Not just withering away, but it just stopped."

When the war commenced, members of the center "started meeting by Zoom," Chapin said. "It was almost a therapy session for everybody to talk about how they felt about this situation." It was a time of jumbled emotions. Revulsion over the war was coupled with worries for friends in Russia living under an increasingly violent and authoritarian government.

Emails with Siberian counterparts continued to be exchanged, but as Putin clamped down on speech rights, members of the group had to tiptoe around current events while expressing concerns to their Russian acquaintances for their safety. "We don't want to put people into a difficult position," Chapin said. As a result, the communications have focused on maintaining personal contacts without delving into political concerns.

Yakutsk is the administrative capital of the Russian Republic of Sakha (formerly Yakutia), and shares many similarities with Fairbanks. The landlocked city is economically dependent on resource extraction, tourism, government spending, and a university. It was a logical choice for a sister city, and Chapin has been helping foster the connection between the two towns since 1989. It was then, during the waning days of the Cold War, that delegations were exchanged and discussions began that led to a formalized relationship in 1991.

During the optimistic decade that followed, when the world seemed bound towards an increasingly unified and peaceful future, the program gained momentum. And despite multiple aggressions undertaken by Vladimir Putin's regime, especially since 2008, expanding business, cultural, and personal relationships between Fairbanks and Yakutsk reinforced the idea of sister cities as avenues for citizen diplomacy.

Most recently, a delegation from Yakutsk visited Fairbanks in the summer of 2019. Members of the Fairbanks group were organizing their own visit to Russia the following summer, only to have plans dashed by the pandemic. Chapin recalled, "We were going great guns at the time because we were excited about the fact that our relationship had been going for thirty years and was the strongest of all the sister city relationships that were formed back in the early nineties from Alaska."

Chapin said a book had been produced in conjunction with the Yakutsk city government, documenting the many visits and exchanges with Fairbanks. A celebration of this was scheduled for the summer of 2020, only to be canceled due to the pandemic. Still, work persisted. As late as this past January, a Zoom meeting was held that included both towns' mayors. Chapin recalled it as a fun and friendly event, occurring when Russia's impending war plans were little known outside of the Kremlin.

As international travel began resuming this past winter, hopes were high on both sides for renewed visits. Then the invasion occurred, and borough mayor Bryce Ward, who had warmly supported the sister city relationship and met with the 2019 delegation, made the difficult decision to suspend ties indefinitely.

While recognizing the necessity for Ward's decision, Carolyn Kremers, an Alaskan Russian Center member, said "I think it's so important that we not equate the people of Russia with their government." Kremers, who has twice taught as a Fulbright Scholar in the eastern Siberian republic of Buryatia, emphasized that millions



PHOTO COURTESY OF MELISSA CHAPIN

Melissa Chapin, back row center, with ice sculptor friends in Yakutsk, Siberia. The sculpture celebrates the sister city relationship between Fairbanks and Yakutsk. The man on the right of the pictures is in traditional clothing of the Sakha People.



PHOTO COURTESY OF CAROLYN KREMERS

Carolyn Kremers, a member of the Alaskan Russian Center, at a rooftop restaurant in Ulan Ude, capitol of Buryatia, Russia, in May 2016.

of Russians don't agree with their leader, even if fears of imprisonment keep them from saying so. "They are thinking in ways that are very different from any stereotypes that Americans might have," she said.

Kremers has been reaching out to friends in Buryatia, which is culturally and ethnically akin to bordering Mongolia. "Several of them replied and even said a few things about their worries," she said. "That was before Putin made it a crime to even use the word 'war.'"

Like Chapin, Kremers is appalled by the toll the war is taking on both sides. She noted that a disproportionate share of the conscripts being forced into it come from indigenous populations far removed from Russia's European power center. Journalists, she said, have speculated that Putin is letting them get killed so that European Russians won't bury their own sons and see the full impact of the war.

This brings the conflict directly to the people Kremers has lived and work with. Her emails to them, she said, have been "not about politics, but just to keep the friend-



PHOTO COURTESY OF DAVID A. JAMES

Dr. Albert Semenov, head of a delegation from Yakutsk which visited Alaska in 2019, stands in front of the Lend-Lease Monument near the Chena River in downtown Fairbanks.

ship. That's how I feel about all of the people I know over there. I just think it's really important to keep our personal and professional connections in whatever ways we can."

Kremers added that friends she has contacted have made it clear they "appreciate knowing that I am supporting them as individuals."

Support and friendship have always been part of the sister cities program, as originally envisioned by President Dwight Eisenhower in 1956. Personal connections have a way of transcending international disputes and helping people discover their commonalities. Chapin has long pursued this objective. She first visited the Soviet Union in 1965, during a low point in the Cold War, and knows that contact can be sustained even in the most difficult times. "There were still communications back and forth, and exchanges," she recalled. "People traveled back and forth between Russia and the United States."

Two Sisters, continued on page A12

I E Y M I !

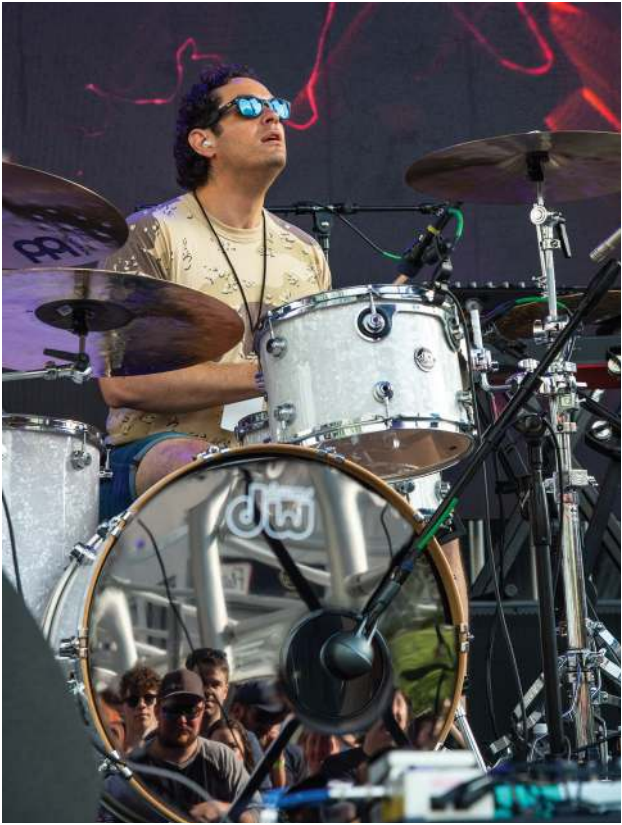


SunDog and Lilac played Van's Dive Bar on Friday, June 3, 2022 as part of the 15th Annual Spenard Jazz Fest.

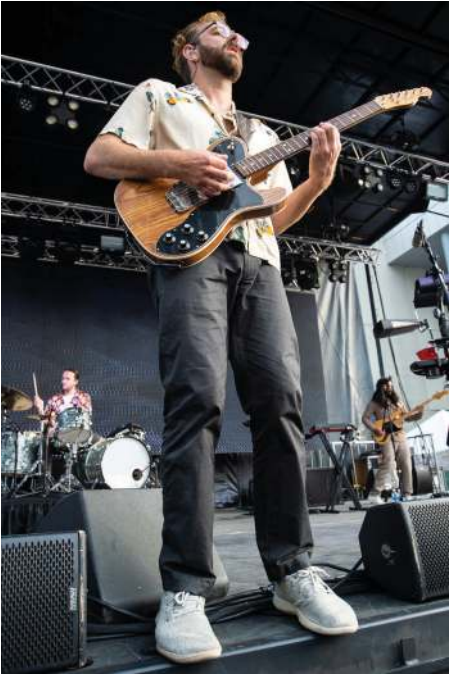
Photo of SunDog's Abi Sparkman by @jr2photograph

Photo of Lilac's Dis Ramos by @ShipeShots

MEDIUM BUILD



Medium Build opened for Young the Giant on Saturday, June 4, 2022 outside of Williwaw Social. Nick Carpenter's Medium Build will hit the road this September supporting Briston Maroney on his 'All Aboard Tour.' - Photos by @ShipeShots



ANCHORAGE PRIDE





BY NED ROZELL

A dog's nose is one of the wonders of the animal kingdom.

The world according to a dog's nose

BY NED ROZELL

When a Lab vacuums the ground with her nose and her tail moves like a helicopter blade, you know a grouse is about to fly. When the dog stops like a dragonfly, then runs off sniffing an invisible path, a snowshoe hare has crossed your trail.

All this entertainment is courtesy of that most sensitive appendage, a dog's nose. It's an instrument man has not been able to duplicate. Search-and-rescue groups use dogs to find lost people, dead people, and people buried under earth and snow. Dogs have also been used to find seals on ice, gas leaks and the presence of gypsy moth egg sacks.

Lurking behind those textured, damp nostrils are sensitive membranes that allow a dog to distinguish smells—molecules of odor that emanate from every living or once-living thing—at least one thousand times better than humans.

A dog processes odoriferous molecules more readily because a dog has a much larger set of scent membranes within its nose, explained Robert Burton in his book, *The Language of Smell*. While humans have a pair of these “olfactory receptors,” each is about the

size of a postage stamp in our noses. Dogs' receptors can be as large as a handkerchief, depending on how big the dog is.

Dogs' noses work much the way ours do: We inhale molecules of odor, which then dissolve in mucus. The dissolved odors are picked up by the olfactory receptors, located behind the spot where sunglasses rest on the nose. An organ called the olfactory bulb shunts the chemical messages straight to the part of the brain that deals with stored feelings and memories, bypassing the cerebral cortex, the main part of the brain. This short-circuit is one reason smells trigger strong emotions and memories that may have lain dormant for years.

With its larger olfactory membranes, a dog's nose does amazing things. Researchers at Duke University found that a randomly selected fox terrier could after three weeks detect the scent of a fingerprint on a glass slide when compared to four clean slides. When the researchers placed the slides outside in the rain and dust, the dog was still able to pick out the slide with the fingerprint after 24 hours of weathering.

Dogs have fantastic tracking ability because humans leave a pretty good scent trail. Most researchers think the scent trails consists of “rafts,” tiny bits of skin cells that have an odor when mixed with sweat and fed upon by bacteria. Because the human body sheds about 50

million cells each minute, rafts fall from the body like a shower of confetti. Dogs quickly detect these rafts, as well as other scents that may not be apparent to the producer, including breath and sweat vapor. Each person's scent trail is unique, and dogs are remarkably good at separating one person's trail from another's.

In an experiment performed a century ago, G. J. Romanes lined up 11 men behind him. He started walking, with each man walking precisely in his footsteps. After they walked 200 yards, the men dispersed, with five going to the right, six to the left. All the men hid. Another person released Romanes' dog, which found Romanes almost instantly after hesitating slightly where the men separated.

Seventy years after Romanes' study, H. Kalmus performed a similar test using identical twins. The twins must have had quite similar scents, Kalmus reported: “if the dog was given the scent of one twin, it would happily follow the other.” When both twins were used in the experiment, however, the dog was able to pick one from the other.

Since the late 1970s, the University of Alaska Fairbanks' Geophysical Institute has provided this column free in cooperation with the UAF research community. Ned Rozell is a science writer for the Geophysical Institute. A version of this column appeared in 1998.

PRESENTED BY

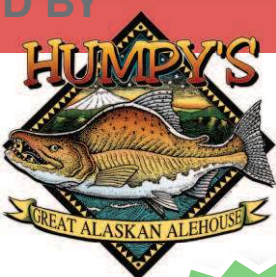


MARKETSOCIAL

SUNDAYS 11am-5pm

JUNE 12TH - SEPTEMBER 11TH

E ST (BETWEEN 5TH & 6TH AVE)



Live Music
June 12
Larry Zarella
(of Denali Cooks)

SCAN FOR MORE INFORMATION



ANC Market Social is a weekly outdoor market/street fair “By Locals, For Locals” Enjoy live music, local vendor booths, and Humpy's beer garden!

SPONSORED BY:



[AnchorageDowntownPartnership](#) [@ANCdowntown](#) [www.AnchorageDowntown.org](#) (907) 279-5650

Two Sisters, from page A10

“We feel a lot of concern and caring for the Russian people,” Chapin continued, pointing to both those in the country, as well as Russians living abroad, who are suffering discrimination and verbal attacks despite having no control over Putin's actions. It's a sentiment shared by Kremers, who cautioned, “I think it's really important for us as Americans not to make assumptions about people in Russia.”

For members of the Alaskan Russian Center, work is on hold, but friendships and connections will be sustained in hopes of a better future. “We're weathering this situation by keeping ourselves in a state of readiness to resume contact with people in the administration in Yakutsk when we feel that we can do this without

jeopardizing their situation,” Chapin said.

“We're really concerned that the years of collaboration and science and the understanding of each other's cultures that has come out of cultural exchanges, we're really concerned about that being lost,” Chapin concluded. “The friendships and the communication and the memories of the times that we got together and talked about world peace and friendship. It just seems like, where are we going with this now?”

As this article was going to press, Ukrainian President Volodymyr Zelensky has called on United States mayors to end sister city relationships with cities in Russia (he used the word “brotherhood” to describe these relationships), stating that those cities which have chosen to keep these connections active “give Russia the opportunity to say that it is not isolated, even after beginning such a war.”



Getting to know the nature—and mystery—of morels

"The more you know, the more you know you don't know."
—Aristotle (maybe)

Though Aristotle is usually given credit as the original author of that pithy adage about knowing, it's uncertain whether he actually coined the saying. But that really doesn't matter (or so I'd argue). What's important is the idea itself.



CITY WILDS
BY BILL
SHERWONIT

The statement has resonated with me since I first heard it many years ago, and it makes absolute sense — especially to someone building a relationship with morel mushrooms.

Here's another statement I like a lot: "I know enough to be dangerous."

There's a self-deprecating humility in those words. They are an admission that I know something about a subject, but what I know can get me into trouble if I take that knowledge too seriously.

Now in my sixth year as a dedicated morel hunter (Jan, my girlfriend, would substitute obsessive for dedicated), I have learned a fair bit about these wild, tasty, and mysterious mushrooms. But I am regularly reminded that my knowledge, though hard-won, is limited; and that some of what I think I know about morels may be incorrect. Or at least subject to revision.

For those unfamiliar with morels — as I was for the great majority of my life — it helps to know that, first, they are widely considered fungal delicacies, among the tastiest of wild, edible mushrooms; and second, they occur in two distinct circumstances.

The morels that get the most attention are those associated with large-scale "disturbance events" such as wildfires. For reasons that even mycologists don't fully understand, forest fires sometimes produce huge quantities of morels the year following a fire. When the habitat is right, that is.

Whatever the cause, large burns may yield tons of morels, which is why they sometimes lure commercial pickers. The mushrooms may be present in huge numbers, and they're easy to see in ashy soil, making them easy to harvest.

Unfortunately for burn-morel pickers, the bounty is short-lived. Even where it flourishes, large-scale fruiting occurs typically only during the first and



second seasons following a fire. Why this is the case remains a mystery. Alaska pickers discovered this sad truth when the Kenai Peninsula's Swan Lake Fire of 2019 produced enormous numbers of morels in 2020 but hardly any in 2021.

While I have picked — and been amazed by — burn morels in a couple of Alaska locales, I am most intrigued by, and drawn to, those members of the Morcellaceae family that occur in undisturbed woodlands. In such places, the number of morels is relatively small, and, to the human eye, they seem to be randomly distributed. However, certain forest associations can help a morel hunter locate the mushrooms.

Here it helps to understand that morels, like other mushrooms, are the visible "fruiting bodies" (or simply "fruits") of much larger fungal organisms that generally remain hidden while forming complex mycelial networks underground. And the process that produces mushrooms is called fruiting. Like much that happens in the fungal kingdom, exactly where the fruits appear and why remains largely unknown.

To me, that mystery is a big part of their appeal.

While their numbers may be small compared to burn morels, and their distribution apparently more helter-skelter, once you discover a patch of them in undisturbed woodlands, they're likely to reoccur in that area year after year.

When dedicated morel hunters discover places that are reliably fruitful from one year to the next, they prefer to keep such knowledge to themselves, much like wild blueberry pickers do. Or anglers who prize their "secret" fishing holes.

The reason is simple. If word spread about a morel "hot spot" in undisturbed forest and large numbers of people came looking for the mushrooms, it would quickly be picked clean. As a result, the ground would likely be trampled, which would be harmful to the fungal network producing the fruits. Thus the rationale for secrecy, should you be so fortunate to find a productive morel patch.

Morels, continued on page A14

So here's the other thing that fascinates me about these mushrooms, which are characterized by conical, earth-toned caps that have honeycombed, "ridges-and-pits" textures: they have perfected the art of camouflage.

Particularly in mature, undisturbed northern forests, morels are known for their ability to hide in plain sight. In large part, that's because they poke out of the ground in spring and early summer, when their earth-toned caps easily blend with brown and brittle leaves, dried spruce cones, and other forest debris.

Though some people might have a natural "eye" for these mushrooms, it seems to take dedicated practice for most mushroom hunters to more easily notice the presence of morels.

Over the past several years, thanks in part to dedicated hunting, it might be said that I have developed a "good eye" for morels. But there's a part of me, informed by Alaska Native perspectives, which prefers the humbler notion that any success is more about the morels revealing themselves than any special abilities I might have.

This spring, like the previous five, I spent many hours in local woodlands searching for morels and finding my fair share. Yet, even on those days that weren't particularly "fruitful," I found myself being pulled into their world in what might be described as a kind of enchantment. From time to time, I thought I might be seeing patterns rather than a haphazard distribution of morels. But at other times, I felt completely baffled by what I found or didn't find.

On at least a few occasions, I discovered clusters of morels in places I would never have imagined, given what I "know" (or imagine I know) about them. For instance, in the local woodlands where I hunt morels, I've usually found them most plentiful on hillsides with large cottonwood trees and patches of devil's club, suggesting moist, well-drained slopes. But this spring, I discovered some in dry, rocky soil. Yes, cottonwoods were present, but they were small in size. And the ground was far too dry for devil's club.

I also found morels earlier than ever before. And the fruiting ended earlier, too, at least where I hunted. This latter circumstance is almost certainly connected to the extended period of dry Anchorage-area weather that began in early April, followed by May and early June's unusual heat wave. But why the early fruiting?

More clearly than before, I also noticed that clusters or patches of morels "moved around" from one season to the next on hillsides I consider reliable places to hunt. And sometimes morels seemed to occur in "bands." Could that reflect the fruiting of roughly linear mycelial networks?

For me, the yearly hunt for morels has become less about the size of my harvest and the eating of the morels, and more about engaging with the fungal organisms and the mysteries that surround them. It seems I do enter something of a trance. And the search, with its moments of connection, is rewarding in and of itself.

Anchorage nature writer and wildlife/wilderness advocate Bill Sherwonit is a widely published essayist and the author of more than a dozen books, including "Living with Wilderness: An Alaskan Odyssey" and "Animal Stories: Encounters with Alaska's Wildlife." Readers wishing to send comments or questions directly to Bill may do so at akgriz@hotmail.com.



Alaska Housing announces that 11,000 Alaskan households affected by COVID-19 will receive financial assistance

BY JACOB MANN
FRONTIERSMAN.COM

Alaska Housing Finance Corporation recently announced that nearly 11,000 Alaska households will receive some form of financial aid through the congressionally funded Homeowner Assistance program.

All eligible applicants will receive financial assistance. The goal is to reduce mortgage delinquencies, forbearances, and foreclosures, and prevent loss of utilities or energy services for homeowners impacted financially by the COVID-19 pandemic, according to a recent press release.

Alaska is one of 15 states that received \$50 million from the U.S. Treasury as part of the Housing Assistance Fund.

Alaska Housing is currently in the second phase of the program, requesting and evaluating homeowner liabilities specific to each applicant after validating the identities of applicants and confirming eligibility based on income.

This includes working with mortgage servicers across the country to determine the amount of assistance that may be offered to each qualifying applicant.

"After evaluating the data, our team has a comprehensive picture of statewide needs and the levels of the financial crisis that Alaska homeowners are facing," Alaska Housing CEO/Executive Director Bryan Butcher stated in the press release.

"With funding available to cure the delinquencies of those who qualify within U.S. Treasury guidelines (up to \$40,000), our efforts will now turn to accelerate the

next phase of the review process."

Over 12,000 Alaskans from every corner in the state utilized the Alaska Housing eligibility checker to determine their eligibility for assistance, according to the press release.

Of the 10,979 applications turned in from March 14 through April 4 and through subsequent appeals, 2,384 applicants indicated they were past due on their mortgage; 1,516 said they were at risk of foreclosure; and 1,488 indicated they were in forbearance for an average of nine months.

Data from the applications showed an average monthly mortgage payment of \$1,498, utility payment of \$567, and an average amount of other household expenses estimated at \$586.

Roughly 1,000 eligible applicants who requested assistance with only utility expenses are scheduled for the first round of payments to be paid by three identified non-profit partners: Helping Alaska, Kodiak Brother Francis, and Valley Charities. Notification and fund distribution for these applicants is expected to begin this month. Funds for eligible applicants of mortgage assistance or reinstatement will be distributed mirroring AHFC's successful Rent Relief process. AHFC will disburse federal funds directly to the eligible applicants' mortgage servicer, mortgage contract holder, manufactured/mobile home lender, condominium/homeowners association, local taxing authority, and utility provider. No funds will be provided directly to applicants. The maximum amount of funds any household can benefit from is \$40,000 with mortgage delinquencies prioritized over other expenses.

Depending on the applicant's need and eligibility, assistance will be distributed through one of three avenues:

Utility Assistance: Providing two months of upcoming utility payments based on a two-month average of the individual's utility costs. Past-due utility expenses will not be addressed.

Mortgage Assistance: Providing up to two mortgage payments and utility payments with vendors identified at the time of application.

Mortgage Reinstatement: Prioritized to bring past-due mortgage payments current and the potential to address past-due utilities with vendors identified at application.

For more information regarding Alaska Housing Homeowner Assistance or Alaska Housing Rent Relief, visit AlaskaHousingRelief.org. For all other AHFC programs, visit ahfc.us.

PRESENTED BY

ANC
MARKETSOCIAL

SUNDAYS 11am-5pm
MAY 29TH - SEPTEMBER 11TH
E ST (BETWEEN 5TH & 6TH AVE)

HUMPY'S
GREAT ALASKAN ALEHOUSE

Live Music
June 5
Woodrow

SPONSORED BY:
ADP

ANC Market Social is a weekly outdoor market/street fair "By Locals, For Locals" Enjoy live music, local vendor booths, and Humpy's beer garden!

SCAN FOR MORE INFORMATION

AnchorageDowntownPartnership @ANCdowntown www.AnchorageDowntown.org (907) 279-5650

AUTHENTIC INDIAN RESTAURANT

Bombay Deluxe

DINE IN BOTH LOCATIONS!
555 W. Northern Lights Boulevard
Mon-Fri 11a-9p
Sat & Sun 12 noon-9p
277-1200

Try Bombay Deluxe South
11a-8p 7 Days a Week
1120 Huffman Rd Ste 5
907.644.4521

Now delivering to Eagle River 7 days a week, order before 4PM online and the food is delivered between 5PM and 6PM.
Order at BombayDeluxe.com or FoodOnTheWay.com

The Anchorage Press
is legally authorized to
publish legal and
public notices.
Please call (907) 561-7737,
or email to
legals@anchoragepress.com



Super Crossword

LUCKY
COMPLEMENT

- ACROSS
- 1 Statesman Kefauver

6 Psi follower

11 Very top

15 "Dancing Queen" quartet

19 Political muscle

20 Plain — (obvious)

21 You, to a Quaker

22 — rock ('70s genre)

23 "... the Sorcerer's Stone," "... the Chamber of Secrets," etc.

26 Carpentry file

27 Mr. Chips player Peter

28 Desert of the Southwest

29 Harm's way

30 Fashion line?

32 Solon of Athens, Thales of Miletus, etc.

35 "Casino Royale" actress Green

38 Director Howard

40 Sinusitis-treating doc

41 Bullring cries

42 Hawikuh, Cibola, etc.

47 Since Hector was —

48 Lilt syllable

51 Allow access to

52 Stole third, perhaps

53 Rhine tributary

55 Adorable sorts

57 Like tornado winds

59 WWII prez

61 C1, C2, etc.

63 Mao — -tung

64 "Beetle Bailey" dog

67 Hope that one may

69 Uber rival

70 Great Pyramid of Giza, Colossus of Rhodes, etc.

75 "Very funny!"

77 Heavenly

78 Gin fruit

79 Paranormal skill, in brief

82 "Infant," "whining school-boy," etc.

85 Albeit, for short

87 Boxer's combo

89 Singer Franklin

90 Photo badges, e.g.

92 Rockies ruminants

95 Diarist Nin

96 "My Gal —"

97 — Mawr, Pennsylvania

99 Envy, gluttony, etc.

102 Trilogy, often

103 Furious

104 Little peeve

105 See 25-Down

106 Red, orange, etc.

112 Barber's sprinkle-on

115 Jetson tyke

116 Criticize petulantly

118 "Eh Cumpari" singer Julius

122 Petri dish stuff

123 100-meter hurdles, high jump, etc.

126 Romantic outing

127 Provo's state

128 "... his wife could — lean"

129 Justice Dept. employees

130 Plum pit, e.g.

131 Makes illegal

132 Acting Buddy

133 Number of items in each set featured in this puzzle

DOWN

1 Imitate

2 Shutter strip

3 Bullring bull

4 Italian coins

5 Shag or bob

6 Siouan language

7 Witty sayings

8 These, in Acapulco

9 Actress Davis

10 Extremely light porous solid

11 Words before clinking glasses

12 45 player

13 "A mouse!"

14 Marks, as a ballot

15 Consents (to)

16 Bugle noise

17 Elementary

18 Abundant

24 Anjou and Bosc

25 With 105-Across, singer of the 1960 #1 hit "I'm Sorry"

29 Before printing, for short

31 Bovine noises

33 Dandy guy

34 "Orfeo ed Euridice" composer

35 Brilliant success

36 Looks at

37 Driving a car

39 Browns' org.

43 Third of IX

44 2002 scandal company

45 PC pic file

46 Rated most likely to win

47 Sharp range ridges

48 Minutia

49 Moray milieu

50 The "A" of PDA: Abbr.

54 Sacred Egyptian cross

56 Cost to cross

58 Brit's "Inc."

60 Size again

62 Hood for a monk

65 Be rife (with)

66 Consecrate

68 Acid artisan

71 Hops kiln

72 FedEx, say

73 Hugs, in a billet-doux

74 Of kidneys

75 Actor Lukas

76 Indian tourist city

80 Sty dwellers

81 Sheriff's band

83 "Wow!"

84 Partner of Wells

86 Outmoded

88 USN jr. officer

91 Justice Antonin

93 Family

94 Sulky mood

98 Veer, as a ship

100 Many an orphan, in time

101 "Therein lies —"

102 Sawed logs

103 12 in a year

106 Digests a digest, say

107 Pool film

108 Furious

109 Channel airing hearings

110 Detox place

111 Epsom —

113 Molten flows

114 Minos' island

117 Musical pitch

119 "As seen —"

120 Eye affliction

121 The "A" of PGA: Abbr.

123 Nerve center

124 JFK guess

125 Dijon denial
- | | | | | | | | | | | | | | | | | | | | | | |
|-----|-----|-----|----|-----|----|-----|-----|-----|----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| 1 | 2 | 3 | 4 | 5 | | 6 | 7 | 8 | 9 | 10 | | 11 | 12 | 13 | 14 | | 15 | 16 | 17 | 18 | |
| 19 | | | | | | 20 | | | | | | 21 | | | | | 22 | | | | |
| 23 | | | | | 24 | | | | | | 25 | | | | | | 26 | | | | |
| 27 | | | | | | | 28 | | | | | | | | | 29 | | | | | |
| | | | 30 | | | 31 | | 32 | | | | | | 33 | 34 | | | | | | |
| 35 | 36 | 37 | | | 38 | | 39 | | | 40 | | | | 41 | | | | | | | |
| 42 | | | 43 | 44 | | | | 45 | 46 | | | | 47 | | | | | 48 | 49 | 50 | |
| 51 | | | | | | 52 | | | | | 53 | 54 | | | 55 | | 56 | | | | |
| 57 | | | | | 58 | | | 59 | | 60 | | 61 | | 62 | | | | | | | |
| 63 | | | | 64 | | 65 | 66 | | 67 | | 68 | | | | | | 69 | | | | |
| | | 70 | 71 | | | | | | 72 | | | | | | 73 | 74 | | | | | |
| 75 | 76 | | | | | 77 | | | | | | | 78 | | | | | 79 | 80 | 81 | |
| 82 | | | | 83 | 84 | | | | | 85 | | 86 | | | 87 | | 88 | | | | |
| 89 | | | | | | | 90 | | 91 | | 92 | | 93 | 94 | | 95 | | | | | |
| 96 | | | | | 97 | | 98 | | | 99 | 100 | | | | | 101 | | | | | |
| | | | | 102 | | | | | | 103 | | | | 104 | | | | 105 | | | |
| 106 | 107 | 108 | | | | | | 109 | | | | 110 | 111 | | 112 | | 113 | 114 | | | |
| 115 | | | | | | | | 116 | | | | | | 117 | | 118 | | | 119 | 120 | 121 |
| 122 | | | | | | 123 | 124 | | | | | | | 125 | | | | | | | |
| 126 | | | | | | 127 | | | | | | 128 | | | | | 129 | | | | |
| 130 | | | | | | 131 | | | | | | 132 | | | | | 133 | | | | |
- ©2022 King Features Syndicate, Inc. All rights reserved.
- LEGALS
- Firetap Tikahtnu LLC dba Firetap Alehouse Restaurant Tikahtnu Commons located 1t 1148 North Muldoon Road Pad M, Anchorage is applying for transfer of a Beverage Dispensary AS 04.11.090 liquor license. The change in ownership involves the ownership interest transfer from Richard and Andrea Hobbs 50% interest and Ray Kizer 12.5% interest to Richard Hobbs 51% interest and Ray Kizer 11.5% interest with a dba of On The Border Restaurant. Interested persons should submit written comment to their local governing body, the applicant, and to the Alcoholic Beverage Control Board at 550 West 7th Avenue Suite 1600 Anchorage Ak 99501 or alcohol.licensing@alaska.gov. Anchorage Press Publish Dates 6/09/22
- Kit the Labrador, LLC is applying under 3 AAC 306.400(a)(1) for a new Standard Marijuana Cultivation Facility license, license #32198, doing business as North Country Farms, located at 101 Post Road, Anchorage, AK, 99501, UNITED STATES. Interested persons may object to the application by submitting a written statement of reasons for the objection to their local government, the applicant, and the Alcohol & Marijuana Control Office (AMCO) not later than 30 days after the director has determined the application to be complete and has given written notice to the local government. Once an application is determined to be complete, the objection deadline and a copy of the application will be posted on AMCO's website at <https://www.commerce.alaska.gov/web/amco>. Objections should be sent to AMCO at marijuana.licensing@alaska.gov or to 550 W 7th Ave, Suite 1600,
- June 9-June 15, 2022
- PRESS | A15

Anchorage, AK 99501 and Attorney Jana Weltzin, Esq. At jana@jdwccounsel.com or JDW, LLC, 901 Photo Avenue, Second Floor, Anchorage, AK 99503.
 Anchorage Press
 Publish Dates 5/26/22, 6/02/22, 6/09/22

Top Shelf Herbs of Alaska LLC, doing business as Top Shelf Herbs of Alaska LLC, Located at 901 Photo Ave Anchorage ,AK 99503, is applying under (3 ACC 306.045) for Transfer of controlling interest in a Retail Marijuana Store.
 (3 AAC 306.300) license #22150.
 The transfer involves a change in ownership percentages from Mark Fazio 50% and Chism Leimbach 50% to Mark Fazio 100%.
 Interested persons may object to the Application by submitting a written statement of reasons for the objection to their Local Government, the applicant and the Alcohol & Marijuana Control office (AMCO) not less than 30 days after director has determined the Application to be complete and has given written notice to the local Government. Once an Application is determined Complete the objection deadline and copy of the application will be posted on AMCO'S website at <https://www.commerce.alaska.gov/web/amco>. Objections should be sent to AMCO at marijuana.licensing@alaska.gov or to 550 W 7 th AVE suite 1600 Anchorage ,AK 99501.
 Anchorage Press
 Publish Dates 6/02/22, 6/09/22, 6/16/22

R.A. Levinsohn LLC dba Kincaid Grill located at 6700 Jewel Lake Road Suite 16 Anchorage Alaska is applying for transfer of Restaurant or Eating Place AS. 04.11.100 liquor license. The change in ownership involves the ownership interest transfer from Alan Levinsohn, 84.03% interest to Christopher Johnson, 100%. Interested persons should submit written comment to their local governing body, the applicant, and to the Alcoholic Beverage Control Board at 550 West 7th Ave. Suite 1600 Anchorage AK 99501 or alcohol.licensing@alaska.gov
 Anchorage Press
 Publish Dates 6/02/22, 6/09/22, 6/16/22

NOTICE TO CREDITORS
In the Estate of Donna L. Snitzler, Anchorage, deceased. All claims against the above estate, dully verified by statutory declaration and with particulars and valuation of security held, if any, must be sent to the undersigned before the 24th of September, 2022.

Tyra L Blanchard and Neil D. Snitzler, executors.
501 Oceanview Dr. Anchorage, AK 99515
 Anchorage Press
 Publish Dates 5/26/22, 6/02/22, 6/09/22

T&C Dynasty LLC, dba Seoul Casa located at 601. E. Dimond Blvd. Ste#6 is applying for transfer of a Restaurant or Eating Place License AS 04.11.100 to T&C Dynasty LLC. The change of ownership involves the ownership interest transfer from Ronald Tzou 0% to Andrew Cho 100%. Interested persons should submit comments to their local governing body, the applicant, and to the Alcoholic Beverage Control Board at 550 West 7th Ave. suite 1600 Anchorage, AK 99501 or alcohol.licensing@alaska.gov
 Anchorage Press
 Publish Dates 6/09/22, 6/16/22, 6/23/22

Super Crossword

Answers

E	S	T	E	S		O	M	E	G	A		A	P	E	X		A	B	B	A	
C	L	O	U	T		T	O	S	E	E		T	H	E	E		G	L	A	M	
H	A	R	R	Y	P	O	T	T	E	R	B	O	O	K	S		R	A	S	P	
O	T	O	O	L	E		S	O	N	O	R	A	N				P	E	R	I	
			S	E	A	M		S	A	G	E	S	O	F	G	R	E	E	C	E	
E	V	A			R	O	N		E	N	T		O	L	E	S					
C	I	T	I	E	S	O	F	G	O	L	D		A	P	U	P		T	R	A	
L	E	T	I	N		S	L	I	D		A	A	R		C	U	T	I	E	S	
A	W	H	I	R	L			F	D	R		N	E	C	K	B	O	N	E	S	
T	S	E		O	T	T	O		S	E	E	K	T	O			L	Y	F	T	
			W	O	N	D	E	R	S	O	F	T	H	E	W	O	R	L	D		
H	A	H	A			E	D	E	N	I	C		S	L	O	E		E	S	P	
A	G	E	S	O	F	M	A	N		T	H	O			O	N	E	T	W	O	
A	R	E	T	H	A		I	D	S		E	L	K	S		A	N	A	I	S	
S	A	L		B	R	Y	N		C	A	R	D	I	N	A	L	S	I	N	S	
			S	A	G	A		M	A	D		N	I	T			L	E	E		
R	A	I	N	B	O	W	C	O	L	O	R	S		T	A	L	C				
E	L	R	O	Y			S	N	I	P	E	A	T		L	A	R	O	S	A	
A	G	A	R		H	E	P	T	A		T	H	L	O	N	E	V	E	N	T	S
D	A	T	E		U	T	A	H		E	A	T	N	O		A	T	T	Y	S	
S	E	E	D		B	A	N	S		E	B	S	E	N		S	E	V	E	N	



ALASKAN FAMILY OWNED!!
VALUE LIQUOR

11580 Old Seward Hwy
(907) 344-0716

601 W. Dimond
(907) 349-3712

7141 Jewel lake Rd
(907) 243-0749

Want to place an ad?

Call our friendly sales reps at

(907) 561-7737

Over the years I have participated in a few threesomes with a friend. We're not really attracted to each other, so we have mostly focused on our guest stars. We have kissed and groped each other during these sex sessions, though, but otherwise we've been pretty hands-off with each other. Here's the dispute: I say we've had sex and I am justified in adding him to my Body Count, he says just being naked in the same room doesn't count. What do you think
 —Mansplain Arithmetic To Homos

Won't mansplain, will dansplain: Let's say you were naked at a warehouse sex party and your friend was naked at that same warehouse sex party, MATH, and you were fucking one guy at one end of that warehouse and your friend was fucking some other guy at the other end of that same warehouse. That wouldn't count, MATH, since even if you were naked in the same room, you weren't having sex with each other. But if you were fucking some dude's ass while your friend fucked that same dude's throat—in a warehouse or a bedroom or an RV at Burning Man—then it would count. Threesomes are sex, MATH, and if you and your friend have had threesomes together, then you and your friend have had sex with each other. (While I don't like to police the language people use when they talk about sex—I support abolishing the language police—I've never liked the expression "Body Count." While using "My Number" to mean your total number of sex partners is boringly literal, reading about literal body counts in the news every day makes me want to keep "Body Counts" out of my sex column.)

I'm a gay man in his late 20s living with my boyfriend. We are monogamous but I have a hard time being faithful. I'm in love with my boyfriend, he is caring and sweet, and the sex is good. But sometimes I feel this hunger inside of me. I desire other men. I look around at work or at the gym or when I'm out shopping, and all these other men turn me on. I cheated on my boyfriend once when we were on holiday together. I did it in a clumsy, selfish, and inconsiderate way, and my boyfriend saw me. I felt bad about it and apologized. I want our relationship to work because I love him, and we are such a good team. Please give me some advice on how to control myself, because right now I feel it is almost inevitable that I am going to cheat again and wind up losing the man I love over nothing.
 —Is Needing Love Over Variety Endurable?

If your boyfriend can forgive you and you can learn to lust after other men without touching them, INLOVE, you can make this monogamy thing work. But don't kid yourself: however much you love your boyfriend, you're always gonna wanna fuck other men. And unless your boyfriend is a toaster with a dildo duct taped to it, he's always gonna wanna fuck other men too. So, maybe instead of having to pretend you don't find other men attractive—instead of having to lie to each other—you can give each other a little space, i.e., a little erotic autonomy. Be monogamous, yes, but go ahead and flirt with other guys, check hot guys out together, watch and share porn that turns you both on, and then plow all that sexual energy back into your relationship and into each other.

But if you wind cheating again...
 There are two ways to look at the cheating you've already done and the cheating you might do in the future: you're a terrible person who can't honor a monogamous commitment, INLOVE, or you're a good person who shouldn't be making monogamous commitments. It took me a while to realize that I wasn't failing at monogamy, INLOVE, but rather monogamy was failing me. When I stopped making monogamous commitments I couldn't keep, my committed relationship(s) began to thrive. If being in a closed relationship leaves you feeling frustrated and generates conflict—internal and relational—and your boyfriend doesn't want to be in an open relationship, then you two might not be right for each other. Two people who aren't on the same page where monogamy is concerned and can't negotiate their way onto the same page, INLOVE, won't and shouldn't be together for long. You can still love each other, but as exes and friends, not boyfriends.

Can you recommend a good lube, Dan? You see, this Joe Biden guy has been fucking us all in the ass for the last 16 months and it's starting to hurt. Thank you in advance.

—Fuck Joe Biden
 Just for you, FJB, I'm gonna share my homebrew MAGA lube recipe: two parts ground glass, two parts BenGay, two parts pumicite, two parts IcyHot, and all the "go fuck yourself" you have in the house. Enjoy.

questions@savagelove.net

Grab-and-Go Gold

BEER
BY JAMES “DR. FERMENTO” ROBERTS

I love it when a beer catches me by surprise. This happened with 49th State Brewing Company’s Oatmeal Coffee Stout.

I try to make the rounds to procure new beers from various locations each week. This includes liquor stores, and of course, breweries, where the beer is always the freshest. If I don’t have the time or the wherewithal to belly up to the bar at the breweries, I always appreciate it when they have cans or bottles to go.

I only had time to duck into 49th State Brewing and can-grab from the cooler on a recent beer run. I can usually get away with double parking or cheating the system by not plugging a meter or paying for parking in the lot. I’m in and out of the retail area of the brewpub within five minutes.

I don’t think 49th State’s Oatmeal Coffee Stout is new. But in a hurry, I got it visually confused with a couple of other offerings, including the Alaskano Coffee Lager and 49th State Chocolate Porter. Or, I might have missed it initially. I have this ineffective grab-and-go habit that can lead to snaggin the wrong beers, grabbing them twice, or other monkey-minded, impulsive beer shopping madness. Still, it’s the fun kind of madness!

Aside from beer, coffee is another beverage I’m super fond of. I just don’t study it like I do beer. To make my coffee, I painstakingly grind my whole beans in a small conical burr manual grinder, then use the pour-over method for the perfect cup. I only wish making beer was so easy.

When they are done right, coffee beers appeal to me because they give me the best of both of my beverage worlds. I’ve been known to drink coffee beer for breakfast and sometimes coffee after dinner around the fire in my mining camp.

Focusing on the 49th State Oatmeal Coffee Stout, this gem is actually an imperial/double oatmeal stout by description, which is apt. This dark wonder weighs in at 8.2 percent alcohol by volume.

What I genuinely appreciate about this beer is the intricate balance between the ingredients. When it comes to coffee beers, or really any beers using robust adjuncts, they’re often overdone, and the adjunct or feature dominates the beer. Long-time readers know my rule; whatever the featured ingredient or process, the end result must first taste like a beer. When I’m drinking a beer with something else in it, I don’t want to have to poke around and find the beer part of it.

A good example of this is barrel-aged beers which are made with the intention that the beer encapsulates the essence of what was in the barrel before. I don’t know how often I’ve pushed a sample back across the bar with

the comment: “Thanks. I get what your brewer is trying to do, but if I wanted a shot of whiskey, I’d have ordered one.” Sure, that’s extreme, but it happens, and when it does, I think it can immediately turn a tentative, curious drinker off and cause him or her to shy away in the future.

This rule can be applied to any ingredient, and trust me, tossing all kinds of different ingredients into beer is all the rave these days.

But the brewers at 49th State are master artisans when it comes to the judicious use of tricky ingredients to produce an enjoyable, perfectly balanced beer.

Case in point: consider my life-changing experience with 49th State’s Thundershuk Alaska Oyster Stout. It blew both my palate and mind at first sip. I chanced across this beer in October of 2020 by using my same haphazard grab-and-go technique.

Get over the notion that because whole, fresh oysters are used in the beer, the result is some repugnant, fishy-smelling and tasting beer that people might just challenge each other to try, then shove back across the bar with the comment: “Thanks. I get what your brewer is trying to do, but if I wanted to shoot oysters, I would have ordered some.”

There’s no fish flavor at all in Thundershuk. So, what’s with the oysters? Here’s where 49th State’s metered control comes into play.

The oysters only contribute a very soft oceanic salinity that accents the thicker stout base of the beer that does as much for the mouthfeel as it does for the flavor of this magical elixir. Simply, the very smooth, silky, and light-bodied beer is as tactile as it is flavorful. The first sip whisked me away as if I was on the ocean. If you don’t believe me, get some for yourself; cans are still available at the downtown Anchorage brewpub.

Given that experience, I had high expectations for the Oatmeal Coffee Stout. I’m not disappointed. It turns out to be another prime example of 49th State’s ability to combine ingredients that sing with each other rather than scream or argue.

49th State Oatmeal Coffee Stout pours perfectly in proper glassware. I use a thin, wide-mouth glass that’s more open at the top to help showcase the aroma. Don’t drink this beer ice-cold, either. It’s best served slightly below cellar temperature because it really comes to life as the beer warms during consumption.

The beer pours to a dark cola color under a light tan, initially full head that dissipates over time to just cover the top of the beer. A stout’s requisite aroma presents itself first. Expect substantial, but not dominating roast notes, along with other medium malt essence, an ale’s light fruity notes with light coffee notes initially background, but easily discernible. The hops just peek through in the nose.

The initial sip reveals the stout’s firm, almost sharp foundation, again showcasing roast and darker malt fla-



vors that mirror the aroma, but with an additional bitter punch that might be mistaken for hop influence. After a swallow, in the background, any serious coffee drinker will easily distinguish between a malt/hop contribution and the obvious coffee addition. The coffee waits, but very quickly makes itself known.

The 8.2-percent alcohol by volume adds a boozy knock that somehow balances the beer’s acidity. If you get in the beer for breakfast habit, go easy with this one; more than one can easily turn into a knee-knocker.

Still, it’s a stout first and a coffee beer second. I truly appreciate this.

49th State Brewing Company Collaborated with Black Cup Coffee and used cold brew Costa Rica Hacienda Senora coffee as the caffeinated infusion. This single-origin coffee is known for its dark chocolate, tobacco, and cognac-like flavors, which somehow push through on a discerning palate. This is a coffee that’s best served black, and is a perfect match for the rock-solid stout that props it up. The coffee really becomes apparent in the late swallow, giving the beer a chance to take center stage first.

It’s the beer’s exceptional mouthfeel that brings the experience altogether. Despite the overall boldness of the beer, once again, 49th State produced a soft, creamy experience that contrasts the beer’s bigness and adds immense enjoyment, along the lines of that first morning cup of excellent, delicate coffee

The more I sensed the coffee, the more I yearned for it in each sip as it became more pronounced. Coffee, beer. Beer, coffee. Sip. Repeat. Enjoy.

This is a beer you don’t want to miss while it’s around.

While at 49th State, reach for the Alaskano Coffee Lager, a lighter beer infused with Costa Rican coffee roasted by Soldotna Declination Roasting, the Thundershuk Alaska Oyster Stout, and for comparison, a can of 49th State’s good old flagship, McCarthy Stout. No matter what you grab, you can’t go wrong with the beer artisanship that continues to pour out of one of Alaska’s iconic beer destinations. Whether drinking on the spot or doing a grab-and-go, these are the kinds of beer to impress friends and visitors with.

Virtual College.
Actual Nursing.

Nightingale.edu

Covid Testing and Vaccinations
Available Now!

MOUNTAIN VIEW
HEALTH SERVICES

For Covid testing and vaccines information,
please contact Felicia at 907-279-1119

CANNAGUIDE

YOUR MAP TO ANCHORAGE'S DANK SIDE



Alaska Cannabis Exchange
2906 Spenard Road
(907) 301-4208
Joints are 20% off Monday



King Street Cannabis Company
8430 Laviento Drive
(907) 522-5464
20% off for senior and veterans

Voodoo
930 Gambell St
(907) 865-8889

Cannabaska
217 E 4th Ave
(907) 308-7859

Raspberry Roots
501 Raspberry Rd
(907) 522-2450

Enlighten
2600 Spenard Rd
(907) 290-8559



Cold City Cannabis
1210 E 70th Ave
(907) 222-9988
Pre-Roll Fire Sale
1 for \$6 and 10 for \$45

Cannabliss
2001 E 5th Ave
(907) 770-8940

Denali Dispensaries
225 E 5th Ave
(907) 646-4200

Arctic Herbery
7107 Arctic Blvd
(907) 222-1466



Cloudberry Cannabis
3307 Spenard Road
(907) 644-3010
Voted Best of Weed Maps
Budtender's Choice \$40
1/8ths on Friday

Great Northern Cannabis - Downtown
541 W 4th Ave
(907) 929-9333

Great Northern Cannabis - Dimond
1901 W Dimond Blvd
(907) 334-5874

Great Northern Cannabis - Tudor
2600 E Tudor Rd
(907) 677-4367

The Frost Farms
8535 Dimond D Cir
(907) 522-5050

ALASKAbuds
1005 E 5th Ave
(907) 334-6420

Peace of Mind
221 East 5th Ave
(907) 222-5420



Catalyst Cannabis Co. Old Seward Hwy
9900 Old Seward Hwy
(907) 344 - 0668
Buy 3 Edibles, Get 4th for a 1¢ on Friday

Catalyst Cannabis Co. Muldoon
317 Muldoon Rd
(907) 222 - 6847



Uncle Herb's - Arctic
6511 Arctic Spur Rd
(907) 561-4372
Open 8am - 11pm Daily

Uncle Herb's - Boniface
360 Boniface Pkwy
(907) 561-4372
Open 8am - 12pm Daily

Mile High Alaska
910 W Intl Airport Rd
(907) 222-0420

Tip Top
233 E 5th Ave
(907) 644-3066

Tundra Herb Co.
520 W 6th Avenue Suite A
(907) 929-4372

Canna Get Happy
810 E 6th Ave
(907) 278-0510

The Tree House
341 Boniface Pkwy
(907) 229-2284

The Green Room
610 C St
(907) 258-2837

Top Shelf Herbs of AK
901 Photo Ave
(907) 222-2488

Alaskan Leaf
1211 W 36th Ave
(907) 770-0262

AK Joint Ventures
7801 Schoon St
(907) 522-5222

Green Growcer
301 E Dimond Blvd
(907) 312-8420

Mary Janes
8857 Jewel Lake Rd
(907) 677-7689

Primo AK
12870 Old Seward Hwy
(907) 336-2837



House of Green
3105 Minnesota Dr
(907) 929-3105
1.5g "Fat Boy" Prerolls

Want to see your dispensary featured?
Contact our sales team at 907-561-7737.

LAST CHANCE TO GET BLASTED!



Key Lime Blasts



(1) "Marijuana has intoxicating effects and may be habit forming and addictive."; (2) "Marijuana impairs concentration, coordination, and judgement. Do not operate a vehicle or machinery while under its influence."; (3) "There are health risks associated with consumption of Marijuana."; (4) "For use only by adults twenty-one and older. Keep out of reach of children."; (5) "Marijuana should not be used by women who are pregnant or breast feeding"... LICENSE 10903



MOMOSBAKERYAK



DEA Reports Ongoing Decline in Marijuana-Related Arrests

By NORML

Federal law enforcement officials are making far fewer arrests for marijuana-related offenses, according to data provided by the US Department of Justice, Bureau of Justice Statistics.

The agency reported making 2,576 marijuana-related arrests in 2020. This annual total has declined every year for the past decade. In 2010, the agency reported making 8,215 marijuana-related arrests.

Overall, 47 percent of all federal prisoners in 2020 were incarcerated for drug-related crimes, down from 53 percent in 2010.

According to separate data released by the United States Sentencing Commission (USSC), federal convictions for marijuana-related activities have similarly declined over the past decade. According to statistics published by the agency last year, just over 1,000 people were sentenced federally in 2020 for violating marijuana trafficking laws. That's down 67 percent since 2016, and over 80 percent since 2012 – when Colorado and Washington became the first two states to legalize and regulate the adult-use marijuana market.

Commenting on the trends, NORML's Deputy Director Paul Armentano said: "Marijuana law enforcement is becoming less of a federal priority in an age where the majority of Americans believe that cannabis ought to be legal," NORML's Deputy Director Paul Armentano said. "It is vital that Congress takes action to amend federal law in a manner that comports with this reality."

Is it time for a promotion?

Dear Oskar,
I have been working at my company for 10 years. I go above and beyond my job, and yet each time there is an opportunity for a promotion, someone else with less experience or someone I have trained gets the job. What more can I do to show those in a position of power that I am worth it?
—Needing a Promotion



ASK OSKAR
BY OSKAR SAVILLE

Dear Needing a Promotion,
What more can you do to prove your worth? Let go of proving.

Many years ago, when I started on the road of self-discovery, a thought popped into my head: I don't think I'm worthy. That big realization left me feeling elated because the key to finding an answer to a problem is knowing what the problem really is, right?

A few nights later, I was sitting across from a friend for dinner and couldn't wait to share my revelation with

her. "Jackie, I've figured out my problem!" I told her. "And I've come up with a list of things to help me become worthy." She suddenly got very silent. Jackie is 5' 10" with extreme natural beauty and had a large, pregnant belly that made her seem even more powerful than I already believed she was. With a force of wisdom so strong that I nearly fell off my chair, she said, "Oskar, You were born worthy. You are worthy,

and there is nothing that can take your worthiness from you!"

There was so much clarity of truth in that statement that I became deeply silent. I thought about what she said. Nothing to do but accept my worthiness is already there? Where was the noble fight in all that? I had fought most of my life for the right to be alive. Now what I was hearing was that if I could accept this truth, all I would have to do was put that energy into creating a life that I wanted without having to ask permission from anyone to tell me I was worthy.

From that moment, knowing I was already worthy became the driving force in clearing away all the untruths I had picked up about what made a person worthy or unworthy. Did it happen overnight? No, it's been a long journey of practicing standing in that energy and making choices from that place of inherent worth. Those choices have led me to happier career changes, more loving relationships, and a more peaceful, fulfilling life.

We each have a right to live our own beautiful lives as stated in the Declaration of Independence: "We hold these truths to be self-evident, that all men [and women!] are created equal, that they are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty and the pursuit of Happiness." I love the part where it says "endowed by their creator." For me, that says that no person is in charge of whether or not I am worthy. (As for the part that says "all men," I can add "and women" without asking permission from the men!) All I have to do is get in touch with my own divine self and decide what is right for me.

So now that we have established you're already wor-

thy, let's get down to taking some actions. What I hear in your question is that you go above and beyond in your work, as well as being a team player. If you are not getting the recognition you deserve, I suggest you begin to look for a new workplace. Life is all about relationships—relationships with our careers, friends, lovers, family, cars, money, homes, and most importantly: ourselves. How we relate to ourselves is how we will relate in every other relationship. If we care, love, and respect ourselves, that will show up in every aspect of our lives.

So, I would suggest getting out a piece of paper. Write down what you want from your job, such as:

- A place that values your contribution
- Somewhere that pays you [insert your ideal salary]
- A place where you can have [insert your dream position]
- A commute that takes [how long]
- An environment that is inclusive, diverse, [any other adjectives you like]
- A company offering benefits that include . . .
- A schedule with the hours of [name your time]

If you take steps to move beyond your current place of work, remember to be gentle and patient with yourself. Changing jobs is brave and exciting, but it also involves time, patience, and a willingness to put yourself out there (which can sometimes feel a little scary). If you decide to stay, remember that someone's ideas about you have more to do with them than you.

I have learned that it's not my business what someone thinks of me. It's my business to love, honor, and respect myself—and follow my own path. I wish you the best on this journey!

Astrology, from page A6

LEO (July 23-August 22)

"Don't pray for the rain to stop," advises Leo poet Wendell Berry. "Pray for good luck fishing when the river floods." That's useful advice for you, my dear. The situation you're in could turn out to be a case of either weird luck or good luck. And how you interpret the situation may have a big impact on which kind of luck it brings. I urge you to define the potential opportunities that are brewing and concentrate on feeding them.

VIRGO (August 23-September 22)

Virgo writer Julio Cortázar (1914–1984) once remarked, "How tiring it gets being the same person all the time." That's surprising. In fact, Cortázar was an innovative and influential author who wrote over 30 books in four genres and lived for extended periods in five countries. It's hard to imagine him ever being bored by his multifaceted self. Even if you're not a superstar like Cortázar, Virgo, I expect you will be highly entertained and amused by your life in the coming weeks. I bet you will be even more interesting than usual. Best of all, you will learn many fresh secrets about your mysterious soul.

LIBRA (September 23-October 22)

The blogger Frogbestfriend says, "One of the biggest problems with society nowadays is that I am so, so sleepy." Frogbestfriend is humorously suggesting that his inability to maintain good sleep habits is rooted in civilization's dysfunctions. He's right, of course! Many of our seemingly personal problems are at least partially rooted in the pathological ways the whole world operates. Our culture influences us to do things that aren't always healthy and wise. I bring this to your attention, Libra, because now is a favorable time to meditate on society's crazy-making effects on you. Now is also a pivotal moment to heal yourself of those crazy-making effects.

SCORPIO (October 23-November 21)

Poet Maggie Smith writes, "We talk so much of light. Please let me speak on behalf of the good dark. Let us talk more of how dark the beginning of a day is." I offer her proposal as a fertile theme for your meditations. Of all the signs in the zodiac, you Scorpios are most skilled at teasing out the good stuff from shadows and secrets and twilight. And your potency in these matters is even higher than usual right now. Do us all a favor and find the hidden redemptions and potential regenerations.

SAGITTARIUS (November 22-December 21)

When actors and other creative people in film win Oscars at the Academy Awards ceremony, they come on stage and deliver short talks, acknowledging their

honor. These speeches often include expressions of gratitude. An analysis revealed that over the years, Sagittarian director Steven Spielberg has been thanked by winners more often than anyone else—even more than God. Based on my reading of astrological omens, I believe you deserve that level of appreciation in the coming weeks. Please show this horoscope to everyone you know who may be willing to carry out my mandate. Be proactive in collecting tribute, credit, and favors.

CAPRICORN (December 22-January 19)

In the ancient Greek story of Odysseus, the hero leaves his home in Ithaka to fight in the Trojan War. When the conflict is over, he yearns to return to the beloved life he left behind. But his journey takes 10 years. His tests and travails are many. The 20th-century Greek poet C. P. Cavafy offered advice to Odysseus at the beginning of his quest: "As you set out for Ithaka, hope your road is a long one, full of adventure, full of discovery . . . Keep Ithaca always in your mind. Arriving there is what you're destined for. But don't hurry the journey. Better if it lasts for years, so you're old by the time you reach the island, wealthy with all you've gained on the way." As you begin your new phase of returning home, Capricorn, I invite you to keep Cavafy's thoughts in mind. (Read the poem: tinyurl.com/HomeToIthaka. Translated by Edmund Keeley.)

AQUARIUS (January 20- February 18)

"I have never, ever, EVER met anyone who has regretted following their heart," writes life coach Marie Forleo. But what exactly does she mean by "following their heart"? Does that mean ignoring cautions offered by your mind? Not necessarily. Does it require you to ignore everyone's opinions about what you should do? Possibly. When you follow your heart, must you sacrifice money and status and security? In some cases, yes. But in other cases, following your heart may ultimately enhance your relationship with money and status and security. Anyway, Aquarius. I hope I've inspired you to meditate on what it means to follow your heart—and how you can do that intensely during the coming months.

PISCES (February 19-March 20)

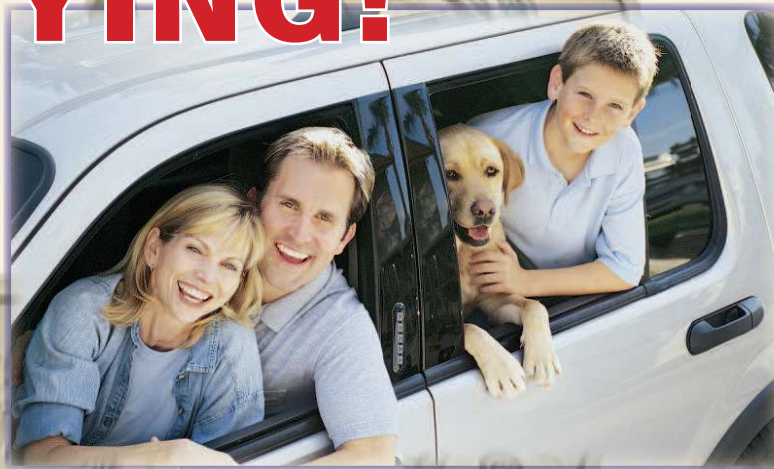
Actor and author Jenny Slate testifies, "As the image of myself becomes sharper in my brain and more precious, I feel less afraid that someone else will erase me by denying me love." That is the single best inspirational message I can offer you right now. In the coming months, you will earn the right and the capacity to make the same declaration. Your self-definition will become progressively clearer and stronger. And this waxing superpower will enable you to conquer at least some of your fear about not getting enough love.

"WE'LL SHOW YOU THE MONEY!"

ANCHORAGE CHRYSLER

DODGE JEEP RAM IS

BUYING!

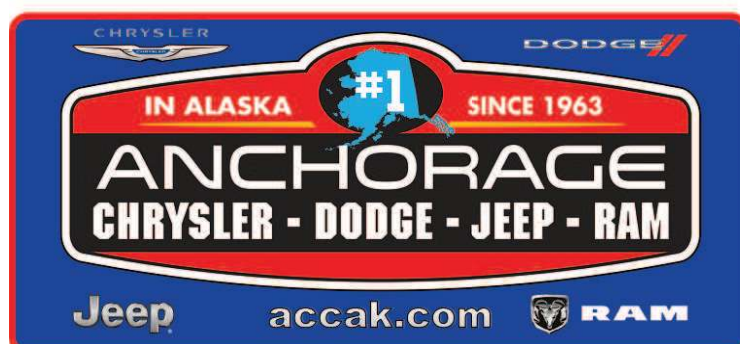


- FAST FAIR APPRAISAL!**
- TOP \$\$\$ PAID ON THE SPOT**
- CONTACT US TODAY!**

907-276-1331

**TOLL FREE #
800-770-1330**

**SELL
TO US
TODAY!**



ACCAK.COM

**11 ACRES!
ACROSS FROM
MERRILL FIELD**

accak.com • accak.com • accak.com • accak.com • accak.com